

THE SPECTRUM



2017-2018

Quraanic Quotations

فَخُذْ مَآ ءَاتَيْتُكَ وَكُن مِّنَ ٱلشَّاكِرِينَ

In the name of Allah, the most Merciful, the most Kind

Allah says in the Holy Qur'aan "Take what comes to you and give thanks" (7:144)

We must always thank and praise Allah for His countless Blessings, Mercy, kindness and generosity. Allah has blessed us with Imaan, kind parents and a loving family, good health, a safe home, air, water, nourishment and many other innumerable bounties.

There are many who are stricken with calamity but we are happy and healthy. There are thousands of people who are below poverty line and remain hungry for days together but we have enough food to eat. Many others are prisoners in their own land which is war stricken but we enjoy freedom. Let us be content with that which Allah has decreed for us and we will be the richest people.

Even if some grief or worry, disability or sickness befalls us, we must remember that it is an expiation for our sins. Secondly hunger, pain, poverty and sickness bring their own rewards from Allah. Nothing is ever lost and Allah keeps it as a Trust with Him and rewards us many times over in the Hereafter.

"and put your trust in Allah if you are indeed Believers...."
(5:23)

Ahadith Nabwi

Take advantage of five blessings before you are deprived

Gratitude

Ibn Abbas reported: The Messenger of Allah peace and blessings be upon him said, "Take advantage of five before five: your youth before your old age, your health before your illness, your riches before your poverty, your free time before your work and your life before your death. (Sahih Hadith)

Youthfulness is a time when one lays out the foundations for the future, and plans his life. A person should exercise this energy for the sake of Allah by procuring knowledge of Allah obtaining Halaal sustenance, and worshipping Allah through acts that he might not be able to do later on in life.

The second of the five matters is, "your health, before you fall sick." The fact that one lives a normal life and is not afflicted with diseases and plagues, represents a person's health. Take advantage of this before we are stricken with diseases and plagues.

The third is, "your richness, before poverty." One day, a person might have the best of jobs and the largest of salaries, yet, the next day something happens and he does not have that job anymore and loses his source of income. So the wise person uses his richness before he becomes poor and invests for his Akhirah in the form of Sadaqah and Zakah.

Every single one of us must use our free time before we become busy. How much free time do we have and what do we waste it on?Infact, all the acts of a Mu'min can be transformed into acts of worship only if, he does them for the sake of Allah Subhaanahu wa Ta `aala.Of course there are religious deeds like reciting the Holy Qur'aan and prayers which are the best deeds to do.

The Prophet SallAllahu alayhi wa sallam therefore reminded us,
"Take advantage of your life before your death."
This is the greatest of foresight and deals with responsibility,
wisdom, foresight, long-term planning, and good strategy.
The wise person is the one who strives to achieve the pleasure of
Allah Subhaanahu wa Ta `aala and then expects the best from Allah.



Founder's Message



The word 'Sana' in Arabic means to Praise Allah. The very first verse of the Holy Qur'aan reads: "Praise be to Allah, the Lord of the Worlds." So we praise and thank Allah for all His blessings on us. For our children to grow and blossom as future leaders, as desperately needed, we must open their minds and hearts to the love of Allah and His wonders. Allah says in the Qur'aan: "I have not created jinn and mankind (for any other purpose) except to worship Me." At Sana, we are committed to helping our students understand this purpose of life on this earth.

"The most important motive for work in school and in life is pleasure in work, pleasure in its result, and the knowledge of the value of the result to the communitv."



Our objective is to help our students acquire the skills and behavioral characteristics that would enable them to actively work to become contributors to the society and an asset to the nation.



A Message From

Noorul Ameen

Founder

History Of The School

Inspiring Memories

Allah Subhanahu Wa Ta ala says in the Holy Qur'aan

And with Him are the keys of the unseen; none knows them except Him. And He" knows what is on the land and in the sea. Not a leaf falls but that He knows it.

And no grain is there within the darknesses of the earth and no moist or dry [thing] but that it is [written] in a clear record". Surah An'aam (6:59)

Alhamdulillah our school was started with the sole intention of imparting Quality education with strong emphasis on Values. Our first academic year commenced on 6th June 2005 with 16 students and 5 staff members. We have sailed a long journey and completed 12 fruitful years with our strength totaling upto almost 2000 students with 100 dedicated staff members and 35 experienced Ulemas across various campus. Alhamdulillah Ala Kulli Ni'mah (Praise is for Allah for all the Blessings)

Mission Of Our School

To develop and maintain the standards of Academic and Value based education To provide students with a well Balanced educational experience that will enable them to develop their talents and skills in their chosen professional career.

Objectives Of Our School

To provide quality educational programs that integrate academic and value based education.

Prepare students to become good citizens and contributing members of the society Guide students to develop life skills and interest.

Provide an educational experience that will help students develop self esteem and positive identity.

Trustees Of Our School

Janab Noorul Ameen Sahib, s/o KA Wadood Sahib, Chairman, Zeenath Group of Companies as Founder and Correspondent, Janab S. Mohamed Rafi Sahib, of Al Haramain Trust, Mufti Shakeel Ahmed Sahib, Principal of Baqiyathus Saalihaath Arabic College, Janab Dr T Kamal Sheriff Sahib, Retired Dean of Medical College

History Of Our School

The initial spark was lit by the Founder of Safa English School, Mumbai who motivated Janab Noorul Ameen Sahib to start a school here, supported by the initiatives taken by the trustees. The school was established and we succeeded in obtaining affiliation during the first year of commencement inspite of all odds and difficulties.

We also collaborated with leading educational consultants like KRIDA Foundation, well known for its activity based teaching methods and our first team of enthusiastic teachers was given training and orientation. In the same year we organized a program and invited eminent personalities like Janab Yahya Bham Sahib (South Africa) and Janab Mohammed Yusuf Sahib (UK). Information about best practices in schools in South Africa, UK and other parts of our country was collected, analysed and customized to our needs. We were one of the first schools in Chennai to have signed up with XSEED, a proven and research based academic program for schools that builds thinking skills & problem solving confidence in primary school children.

As our school progressed and students completed their primary schooling, we realized the need to upgrade and obtain affiliation with CBSE at the earliest. It's a well known fact that CBSE ensures quality education and imposes many rules to be followed strictly by the schools, right from the infrastructure to qualified teaching staff to Effective teaching – learning methods in the classrooms. Our next milestone was moving into the new building at Zeenath campus in the year 2012 and the land was donated by Janab KA Wadood Sahib to further this noble cause. Another milestone has been the construction of a new building at Egmore in the year 2015 which lies in the heart of the city and caters to provide Quality education to Nursery and Primary school children..

Achievements and Accolades

Within a year, CBSE Affiliation was acquired and miraculously our first batch of students appeared for Class X Public Examination in the year 2015.

"Success is dependent on effort and success is the sum of small efforts"

It has been a great and rewarding experience to witness all the batches of students appearing for Class X CBSE AISSE have achieved 100% result. We would also like to highlight that Fathima Marzooqa (2015) and Saliha Fathima (2016) have emerged as the School Toppers scoring CGPA 10, all by the Grace of Allah Subhanahu Wa Ta ala.

Alhamdulillah, one of our greatest achievements has been the completion of Hifz program by Huffaz Mohamed Zahaan Faaique, Shahidh Shakeel, Abdur Rasheed, K. Muhammad Umar, M. Mohammed Umar and Azzaam Raziq. May Allah accept all their efforts and reward them abundantly with the best in this world and the next.

Our next challenge was to upgrade our school to Senior secondary level and introduce both the streams of Science and Commerce so that our students could complete their entire schooling at Sana. In the year 2016, an inspection team from CBSE visited our school and after careful scrutiny, affiliation and Upgradation was awarded after which our first batch of students appeared for their Class XII Public Examination in March 2017.

Teachers as Pillars of the Institution

The success of the school is the combined effort of the teachers whose supreme art is to awaken joy in creative expression and knowledge. We believe that "Staying updated is the key to success in any field", especially in the field of Education. Some of the training workshops attended by our teachers are as follows:

CCE Training by Expression India-MFERD Annual Conference-Khalifah program by Khalifa Model school, Malaysia-Understand Qur'aan program-Workshop by MDA (Madras Dyslexia Association)-Capacity Building program by Success Mantra-XSEED Training and Orientation-MIKIDS Spoken English Training-

School- a haven for holistic development

At Sana we believe that students should be the centre of focus and all the activities or initiatives should revolve around holistic development of every child. To tap the hidden talents underlying in every child we conduct the following activities:

- -Club Activities (ECO Club, English Club, Math Club)
- -English Fiesta
- -Road Safety Awareness program/ Vigilance Awareness program
- -Competitions, Quiz and Presentations
- -Field Trips
- -Guest Lectures by eminent personalities
- -Art and Craft / Fireless cookery

Perfecting our character

The Beloved Messenger (Peace & Blessings be upon Him) of Allah said
The best amongst you are the best in character and manners." (Al-Bukhari"

The best way to perfect our character is to look at the Messenger of Allah as a role model as he is the greatest man ever to set foot on earth and the perfect example of good character. He was the best father, the best husband, the best leader, the best teacher, and the best friend. According to his Companions, may Allah be pleased with them, he was known to be the most honest, patient, trustworthy, gracious, and compassionate person of their time.

Some of the initiatives taken to build good character are as follows

-Emphasis in following Sunnah
-Tarbiyyah checklist to track behavior

-Best Khalifah award

-Talk by religious scholars

Let us invoke Allah's Blessings and turn to Him seeking His guidance in every single endeavour we take without whose Help nothing can be achieved. We express our heartfelt gratitude to all our parents, teachers, students and well wishers who have been a part of this marvellous journey towards establishing and maintaining high standard of education. Last but not the least we re- dedicate and commit ourselves to scale greater heights and work towards continual improvement. As it is rightly said:

"Success is not Final and Failure is not Fatal, it is the will to continue that counts."

"....as for those who strive hard in our cause, we shall certainly guide them to our paths for Allah is with those who seek excellence." (29:69)

School Captians' Report

Sana Model School was established in the year 2005 with an exclusive purpose to provide the students with quality education along with imparting moral values and principles. It's a school with a difference as Sana brings the change by excelling in both academics as well as character formation. What makes this school unique is that, here we not only acquire the skills but also learn human values and virtues. It's a new school with 12 years of experience but still, it vows to grow & develop each and every day to compete head to head with others, and provide the best to its students. The school is blessed with energized and dedicated teaching staff who have pushed the school to reach great heights, and still aim to achieve greater. Insha Allah. Sana School is much more than a school for me where I learn values and life skills as I prepare myself to become a contributing member of the society.

Hafeezullah Khan XII B



Sana Model School was started with the sole aim of providing high quality education with a lot of emphasis on imparting values. Our school strives to encourage and enables every student to shine and achieve all round development by providing a holistic experience and sound education. It started as a small school with a few classrooms and has grown incredibly into a full fledged school with an impressive campus Alhamdulillah. During the course of this journey the school has not compromised on the basic values, morals and principles. Sana school is my home I'm proud to say this because it stands on the pillars of FAITH, SINCERITY, DISCIPLINE and HARDWORK. The family of Sana is committed to fulfill its aims and goals and it strives to strengthen the pillars on which it stands. A long run with integrity and a strong vision, Sana School hopes to provide a bright future for young minds and the future citizens of the world and attain success in both this Dunya and the Hereafter. In sha Allah!

XII -A

Alhamdulillah, it has been 12 years since I have been studying here at
Sana and I cherish a lot of memories which have made an everlasting
impression within me. Every year has been an adventurous and joyful
experience and we have been through good and bad times, be it preparing
for competitions or preparing for various events or facing the challenges of
the Board Exams. We would ever be grateful to all our teachers-right from
elementary to High school - for all that they have done for us in preparing
us to face the challenges of life. I have made a lot of good and trustworthy
friends who have played a crucial role in my life. I am forever indebted to all
and thank everyone for your love and support
-Aasiya Mariyam

School life is something that cannot be spoken, it can be felt through hearts for there are so many things to think about and recollect. One can't expect to get such innumerable extraordinary moments outside the school. It can also be considered as a world of joy. My message to the juniors is that don't let go the opportunities and challenges, cross them grasp its power and filter its outcome. Those challenges are the keys to your path towards success. Being a part of Sana family for a decade, has been to my utmost satisfaction, an integral part of my school life.

-Fathima Marzooga

School life is the happiest and the most pleasant period in a man's life filled with unlimited joy, happiness and a fulfillment in every task. My school gave lots of importance to the acquisition of personal discipline and emphasized more on character formation, moral education, acquiring good principles of life as well. School life is not only about being successful academically but we also learn about friendship and discovering relationships. I thank all my teachers from the bottom of my heart for making this an unforgettable experience.

-Zainab Fathima



Life is all about learning. School life opens the eyes of the students to the virtues of punctuality and adjustments. As a student everyone must try to develop their intellect during their school days. We were blessed with compassionate teachers, who embedded in our minds only the good. This school has moulded me, so that what I'm today is a personality cut out and shaped by my school. I wish my school to reach new heights.

-Sara Sameera. R

QUALITATIVE PERFORMANCE INDEX OF STUDENTS



CLASS X AISSE

ٲ	<u>Year</u>	2014-2015	2015-16	2016-17
	No of students who appeared for the Examination	29	35	52
	Pass percentage	100%	100%	100%
	No of students who scored CGPA 9.6-10	6	3	10
	No of students who scored CGPA 8.6 to 9.4	7	11	13
	No of students who scored 7 to 8.4	16	21	22

STUDENTS SCORING CGPA10

2014-15	Fathima Marzuqa S	
2015-16	Saliha Fathima	
	Samrin Sulaiman	
	Afrah Khader	
2016 17	Ghazifa Mohammadi Kunjan	
2016-17	Talha Abdur Rahman	
	S. Mohamed Hussain	
	Ashik Meeran Mohideen	

STUDENTS SCORING CGPA

9 - 9.8 (2014-15)

Afra M		
Ayisha Siddika H		
Ayisha Sumaiah		
Mahira S H		
Aasiya Mariyam K		
Shalma A		
Sara Sameera R		
Afrose Fathima H		
Sabur Nisha K		
Mohamed Ismail Mihal N		
Mohamed Hussain S R		

STUDENTS SCORING CGPA 9 – 9.8 (2015-16)

Haseeba A		
Abdur Rahman. M		
Basheer Ahamed A S		
Muhammed Zahan Faaieq J		
Saliha Mariam S		
Mohammed Haneef Haji M S		
Mohammed Ikramuddin J		
Nausheen Fathima S		

STUDENTS SCORING CGPA 9 – 9.8 (2016-17)

Umma Kulsoom S		
Aamera Farheen M		
Maryam Mufeedha S		
Hussaina Rahmathun Nisa		
Madiha Fathima B		
Mohammed Ismail Affan		
Afshaan Fathima		
Shana Ehaya S		
Abdul Rasheed		
M. Ashfaq Ahmed		
Fayiz Azharuddeen		
Mohammed Nizamuddin M		
Rabeeah Fathima S		

CLASS XII AISCE

Year	2016-17
No of students who	21
appeared for the	
Examination	
Pass percentage	100%

CLASS – XII TOPPERS (SCIENCE)			
BIOLOGY	FATHIMA MARZOOQA. S (100 MARKS)		
CHEMISTRY	FATHIMA MARZOOQA. S (95 MARKS) AYISHA SIDDIKAH (95 MARKS)		
PHYSICS	FATHIMA MARZOOQA. S (95 MARKS)		
ENGLISH	FATHIMA MARZOOQA. S (92 MARKS)		
COMPUTER SCIENCE	MOHAMMED ISMAIL MIHAL (86 MARKS)		

CLASS – XII TOPPERS (COMMERCE)			
BUSINESS STUDIES	AASIYA MARIYAM. K (96 MARKS)		
ECONOMICS	AASIYA MARIYAM. K (78 MARKS)		
ACCOUNTANCY	MOHAMMED DHAANISH. M (86 MARKS)		



The Value Education curriculum includes the following subjects
Tajweed, Tahfeez of selected Surahs, Akhlaq and Tarbiyyah,
Deeniyath, Ahadith and Dua. In addition to this, the students also
participate enthusiastically in a wide choice of events and competitions
all the year round. Some of them are as follows Elocution, Quiz on
Seerah, Qirath and Nasheed Competition, Skit depicting moral values,
Ramadan reminders, Zakaat drive and many more.

COMPLETION OF HIFZ

By the Grace of Allah Subhanahu wa Ta ala, the following students have successfully completed the full Hifz program offered at Sana

Batch 1: Hafiz Mohamed Zahaan Faaique

Batch 2: Hafiz Shahidh Shakeel, Hafiz Abdur Rasheed

Batch 3: Hafiz K Muhammad Umar, Hafiz M Mohammed Umar, Hafiz

Azzaam Rasia

Other students who have completed the Hifzul Qur'aan on full time basis (Madrasa) are Hafiz Mahmod Hassan, Hafiz Hafeezullah Khan and Hafiz Mohammed Sadakathullah Huthaifa M A F.

May Allah accept all their efforts, reward them abundantly and elevate them in rank and honour.

It was narrated from 'Abd-Allaah ibn 'Amr that the Prophet (peace and blessings of Allaah be upon him) said: "It will be said to the companion of the Qur'aan (i.e., the one who memorized and studied it): 'Read, advance in status and recite as you used to do in the world, for your status will be commensurate with the last aayah that you recite.'"

SCINTILLATORS ENGLISH CLUB



English classrooms have been as active and busy as ever this year with the students and staff working hard and implementing a variety of approaches to teaching and learning the English language in an effective manner. The English Department organised a variety of interesting activities like:

-Elocution Competition/

Just a minute/

Impromptu

-Handwriting

-Spell Bee

-Poetry and Essay writing

-Dramatics and role play

-Story telling session

-English Fiesta

-Debate and Group discussions

-Ad zap

-Story writing

Some of the initiatives taken to enhance the Speaking skills of the students:

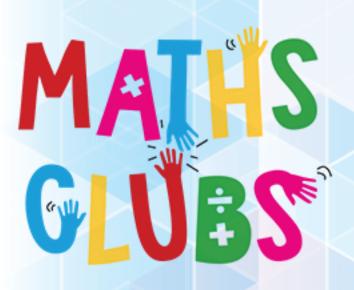
WORDSWORTH ENGLISH LANGUAGE LAB

Wordsworth English Language lab is designed to develop English language proficiency among the ESL learners of English as a second language. It is a unique English learning programme that prepares the participants to communicate in English with clarity and confidence. It offers the best in terms of continuous evaluation, content, teaching expertise and methodology. The methodology is a blend of Instructor Led Training (ILT) with a Computer Based Training (CBT), practice and evaluation.

SANA TOAST MASTER'S CLUB (STMC)

personal growth.

Toastmasters International is a world leader in communication and leadership development. It also helps the students to learn the art of speaking, listening and thinking – vital skills that promote self-actualization, enhance leadership potential, foster human understanding, and contribute to the betterment of mankind. Toastmasters International also empowers students to achieve their full potential and realize their dreams. The mission of Sana Toast Masters Club is to provide a mutually supportive and positive learning environment in which every student has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and



MISSION STATEMENT

The mission of the Sana Model School Math Club is to foster a community of students around a common interest in Mathematics. The students will have opportunities to apply and improve their Math skills by participating in various competitions and learning circles.

OBJECTIVES

- -Create an easy to learn concept of Mathematics.
- -Develop techniques for critical thinking.
- -Influence students to like Math and explore their hidden potentials
- -Find paths to introduce Math in creative and innovative ways.
- -Encourage the study and appreciation of Mathematics.
- -Help students with difficulties in Math.

AUGUST AUGUST A) Discussing about the mission and vision of the Math B) Videos- Khan Academy			
NOVEMBER	Puzzle Day A) A great way for our students to relax while engaging the mind B) Playing math related games and solving logic puzzles		
DECEMBER	National Mathematics Day A) Decorate the notice board with the achievements of great mathematicians. B) Presentation to the whole group C) Math Quiz Competition		
JANUARY	Model preparation A) Preparation of Models B) Presentation to the group		

FRIENDS OF EARTH

Friends of Earth Eco Club is an active environmental club, which plays an important role in creating environmental awareness among the present and future generation. It is actively engaged in overall



environmental education by adopting various environment friendly practical approaches for conservation and preservation of environment. This club will have students based activities, where students are exposed to environmental problems and try to find innovative methods to solve those problems by active involvement of the students.

Friends of Earth Eco Club Objectives

- To make the students understand environment and environmental problems
- -To motivate the students to keep their surrounding green and clean by participating in various activities. To sensitize the students to save electricity and also encourage them to use solar panels
- -To motivate the students to imbibe habits and life style for minimum waste generation, separation of waste and disposing off the waste.
- -To educate the students to minimize the use of plastics/polythene bags and to encourage the use of healthier alternatives like jute, cloth and paper bags. etc.
- -To make the students aware about concerns of e-waste, their eco-friendly segregation and disposal.
- -To celebrate various environmental days, such as International Ozone day (16 Sept), World Earth day (22 April), International Biodiversity Day (22 May), Environmental Day (5 June) and weeks, like Van-Mahotsav, Wildlife Week etc.
- -To adopt good practices like gifting potted plants rather than flowers wrapped in polythene.
- -To promote ethos of rain water harvesting (storage and ground water recharge) and conservation of water by minimizing the use of water.
- -To create awareness on harmful effects of noise and air pollution.
- -To spread awareness about flora and fauna (Medicinal plants, birds such as sparrow etc), which are becoming endangered.

Friends of Earth 2017-2018 Eco Club Activity

SI.No	Month	Date	Day	Celebrated as	Activities Planned/Descriptions
1	April	22-04-2016	Fri	World Earth Day	 ✓ Inauguration of Eco club ✓ Speech ✓ Role play ✓ Pledge
2	June	05-06-2016	Sun	World Environment day	 ✓ Lecture based on the theme ✓ Plant and adopt a tree campaign ✓ Guest lecture
3	July	11-07-2016	Mon	World population day	 ✓ Essay writing competition ✓ Energy Audit
4	July	28-07-2016	Thu	World nature conservation day	 ✓ Visit to a sanctuary/biodiversity ✓ Slogan writing ✓ Nature walk
5	September	16-09-2016	Fri	International ozone day	✓ Short clip video presentation on Global warming
6	March	03-03-2017	Fri	World wild life day	 ✓ Poster making ✓ Bird watching ✓ "Truth about Tigers" Film Show

OBJECTIVES OF THE CLUB

- To create interest and make the students active in the subject.
- -To encourage intellectual curiosity among the students.
- -To provide practical knowledge of the subject.
- -To create power for thinking and foster imagination and creativity among the students.
- -Club activities inculcate various democratic values and qualities in children like tolerance, equality, freedom, and leadership.



MONTH	ACTIVITY			
	ELECTION OF SCHOOL LEADERS			
AUGUST	A) Presentation – What is election? (Videos)			
	B) Procedure – Conducting house election and selecting leaders			
NOVEMBER	MOCK PARLIAMENT			
NOVEWIBER	A) Videos on parliamentary sessions			
	B) Mock session			
	<u>UNO</u>			
DECEMBER	A) Drawing flags of UN Nations, Marking them on maps			
DECEMBER	along with the capital			
	B) Collect information on UNO and its Organs and functions			
	C) Presentation on functions of UNO			
	INDIA AND STATES			
JANUARY	A) Gathering information on India and states			
	B) Map drawing			
	C) Presentation on Indian states			
	COUNTRIES OF THE WORLD			
	A) Collect details on countries and their capital cities			
FEBRUARY	B) Map drawing			
	C) Presentation to the whole group			

SANA CABINET MEMBERS				
SCHOOL PUPIL LEADER	SALIHA FATHIMA			
ASSISTANT SCHOOL PUPIL LEADER	GHAZIFA MOHAMMADI			
SPORTS CAPTAIN	RUKSHANA FATHIMA			
SPORTS VICE CAPTAIN	AFRA KHADER			
SAFA HOUSE CAPTAIN	SAMRIN SULAIMAN			
SAFA HOUSE VICE CAPTAIN	FAHIMA M			
MARWA HOUSE CAPTAIN	SANA DAWOOD			
MARWA HOUSE VICE CAPTAIN	NOORUL SHABEELA			
HIRA HOUSE CAPTAIN	FATHIMA ROSHAN			
HIRA HOUSE VICE CAPTAIN	AFSHAN BANU			
NOOR HOUSE CAPTAIN	NASRIN FATHIMA			
NOOR HOUSE VICE CAPTAIN	ASMA SHAHEEN			

SANA CABINET MEMBERS				
SCHOOL PUPIL LEADER	HAFEEZULLAH KHAN			
ASSISTANT SCHOOL PUPIL LEADER	ASHFAQ AHMED			
SPORTS CAPTAIN	RASHEED BASHA			
SPORTS VICE CAPTAIN	ATEEQUR RAHMAN			
SAFA HOUSE CAPTAIN	MOHAMMED HASEEN			
SAFA HOUSE VICE CAPTAIN	MUSTAKEEM			
MARWA HOUSE CAPTAIN	TALHA			
MARWA HOUSE VICE CAPTAIN	MOHAMED YAHYA			
HIRA HOUSE CAPTAIN	FAYIZ AZHARUDEEN			
HIRA HOUSE VICE CAPTAIN	RIYAZ MOHAMMED			
NOOR HOUSE CAPTAIN	H S ABDUR RASHEED			
NOOR HOUSE VICE CAPTAIN	MOHAMED IRFAN			

SPORTS EVENTS

S. No.	NAME OF THE ORGANISER	SPORTS & GAMES	CATEGORY	VENUE	DATE	LEVEL	NO. OF
1	ST. BRITTO'S GROUP OF INSTITUTIONS	кно-кно	JUNIOR	POLICE GROUND (ST. THOMAS MOUNT)	27-08-16	INTER SCHOOL	12
2	ST. BRITTOS GROUP OF INSTITUTIONS	KABADDI	JUNIOR & SENIOR	POLICE GROUND (ST. THOMAS MOUNT)	27-08-16	INTER SCHOOL	24
3	ST. BRITTOS GROUP OF INSTITUTIONS	VOLLEYBALL	SUPER SENIOR	POLICE GROUND (ST. THOMAS MOUNT)	27-08-16	INTER SCHOOL	12
4	ST. BRITTOS GROUP OF INSTITUTIONS	FUTSAL	JUNIOR & SENIOR	ST. BRITTO'S ACCEDMY (Velachery)	27-08-16	INTER SCHOOL	12
4	ST. BRITTOS GROUP OF INSTITUTIONS	FUTSAL	SENIOR	ST. BRITTO'S ACCEDMY (Velachery)	28-08-16	INTER SCHOOL	12
5	RELIANCE FOUNDATIONS	FOOTBALL	JUNIOR	DON BOSCO MATRIC HIGHER SECONDARY SCHOOL (REDHILLS)	10-08-16	YOUTH SPORTS INTERSC HOOL	16
6	HINDUSTAN INTERNATIONAL SCHOOL	ATHLETICS	SUB-JUNIOR (GIRLS)	NEHRU STADIUM	09-09-16	INTER SCHOOL	5
7	HINDUSTAN INTERNATIONAL SCHOOL	ATHLETICS	SUB-JUNIOR,JUNIOR & SENIOR (BOYS)	NEHRU STADIUM	09-09-16	INTER SCHOOL	22
8	OMEIAT SPORTS MEET	ATHLETICS	SUB-JUNIOR,JUNIOR AND SENIOR (GIRLS)	JBAS COLLEGE	11-10-16	INTER SCHOOL	24
9	OMEIAT SPORTS MEET	TABLE TENNIS	JUNOIR (GIRLS)	FATHIMA CBSE SCHOOL	05-10-16	INTER SCHOOL	2
10	OMEIAT SPORTS MEET	THROW BALL	SUPER SENIOR (GIRLS)	FATHIMA BASHEER MATRICULATION SCHOOL	14-10-16	INTER SCHOOL	12
11	OMEIAT SPORTS MEET	BADMINTON	JUNIOR AND SENIOR	MATRICULATION SCHOOL	14-10-16	INTER SCHOOL	4
12	OMEIAT SPORTS MEET	кно-кно	SUB-JUNIOR AND JUNIOR	FATHIMA CBSE SCHOOL	17-10-16	INTER SCHOOL	24
13	OMEIAT SPORTS MEET	ATHLETICS	SUB-JUNIOR,JUNIOR SENIOR,AND SUPER SENIOR (BOYS)	ANJUMAN SCHOOL	08-10-16	INTER SCHOOL	20
14	OMEIAT SPORTS MEET	TABLE TENNIS	JUNIOR AND SENIOR	FATHIMA SCHOOL	05-10-16	INTER SCHOOL	4
15	OMEIAT SPORTS MEET	THROW BALL	JUNIOR AND SENIOR	JUSTICE BASHEER MATRICULATION SCHOOL	15-10-16	INTER SCHOOL	24

16	OMEIAT SPORTS MEET	кно-кно	SUB-JUNIOR,JUNIOR AND SENIOR	JUSTICE BASHEER MATRICULATION SCHOOL	17-10-16	INTER SCHOOL	36
17	OMEIAT SPORTS MEET	BADMINTON	SENIOR AND SUPER SENIOR	JUSTICE BASHEER MATRICULATION SCHOOL	17-10-16	INTER SCHOOL	4
18	OMEIAT SPORTS MEET	FOOTBALL	SUB-JUNIOR, JUNIOR, SENIOR & SUPER SENIOR	ANJUMAN SCHOOL	18-10-16	INTER SCHOOL	42
19	TAGORE AND JERUSALEM COLLEGE	кно-кно	JUNIOR (BOYS)	TAGORE ENGINEERING COLLEGE (VANDALORE)	10-11-16	1ST STATE LEVEL	12
20	PSBB SPRINT EVENT	ATHLETICS	SUB-JUNIOR (GIRLS)	NEHRU STADIUM	31-01-17	INTER SCHOOL	5
21	PSBB SPRINT EVENT	ATHLETICS	SUB-JUNIOR, JUNIOR AND SENIOR (BOYS)	NEHRU STADIUM	31/01/17 01/02/17	INTER SCHOOL	19
22	EPL SPORTS MEET (EDU SPORTS PARTNER LEAGUE)	FOOTBALL	ALL CATEGORY (4 TO 10 STD BOYS)	SANA MODEL SCHOOL (POONAMALLEE)	28-01-17	INTRAM URAL SPORTS MEET	
23	EPL SPORTS MEET (EDU SPORTS PARTNER LEAGUE)	кно-кно	ALL CATEGORY (4 TO 10 STD GIRLS)	SANA MODEL SCHOOL (POONAMALLEE)	21-01-17	INTRAM URAL SPORTS MEET	

TOTAL NUMBER OF STUDENTS PARTICIPATED - 347

ACHIEVEMENTS IN OMEIAT SCIENCE FAIR

Our students participated in OMEIAT SCIENCE FAIR which was organized on 6th January 2017 at Aalim Muhammed Salegh College of Engineering. The winners in the various categories are as follows:

Mohammed Raihan	Class IV	To make a candle	3 rd prize
Wionammed Kaman	Class IV		(Life Science)
Mahamad Dinuan	Class V	Handy Vacuum	3 rd Prize
Mohamed Rizwan	Class X	Cleaner	(Physical Science)

Other participants are as follows

Ulfath Fathima	Class IX	Green Electricity from Aloe Vera
Juveria Taj	Class VIII	Air cooler
Owaisur Rahman	Class VI	Trees fallen during Vardha
Ahmadullah Razaq	Class IX	Diminishing level of Transmission in
		Plants

SCHOLASTIC 2016

Alhamdulillah we are pleased to share that our students actively participated in Scholastic 2016 - an annual city-level inter-school competition hosted by SIO, Chennai. This serves as a platform to help the students to identify and develop their talents and guide them to use their abilities for the betterment of humanity.

Hafeezullah Khan	Class XI	Speech contest
Ahmedullah Razaq	Class IX	Science project Display
Ghazifa Mohammadi Kunjan	Class X	Essay writing contest

OMEIAT ATHLETIC MEET

An athletic meet was organized by OMEIAT on 11th October 2016 and our students participated with great enthusiasm to showcase their sporting talents. Many students bagged several prizes at various levels which bear testimony to the immense efforts taken by the students, school and parents towards holistic development of children. The winners are as follows:

CATEGORY	CLASS	WINNERS
Sub Juniors	IV, V	400m relay race-III Prize Ayesha Sheerin, Afrin Fathima, Shakira, Hidhaya
Juniors	VI, VII	800 m –I Prize, 200 m- II Prize Ayesha Siddiqua 400m relay race-I Prize Lubna Shibu, Zohara, Ayesha Siddiqua, Ayesha Bahija
Seniors	VIII, IX	200m-II Prize Sabreen Fathima 400m Relay Race-II Prize Asma Shahin, Sabreen Fathima, Shareefa Sama, Khadeejatul Kubra

An interschool Football Tournament was organized and the senior boys of our school Team emerged as the RUNNERS.

SUPERNOVA STEM FESTIVAL 2017

(STEM- Science, Technology Engineering and Math)

On the occasion of National Science day 28th February 2017, Al Qamar Academy organized a series of STEM Festival events to encourage children towards STEM fields and stimulate their thinking skills.

Maker Fest (Juniors)		
Mohammed Abbas		
Mohammed Sayeed	1 st PLACE	
Mohammed Tahseen		

Science Quiz (Juniors)				
Aamina Fathima M.A. F				
Zainab Haadiya	3 rd	PLACE		
Aamina				

Math Olympiad (Juniors)		
Haamid Asrar	2 nd PLACE	
Luqman	2 PLACE	

Strategy <u>Games(Sub</u> Juniors)			
Mohammed Aabid	3 rd PLACE		

Science Quiz (Sub Juniors)		
Akram Ayaz		
Mohsin Sharif	3 rd PLACE	
Mohamed Farzain		

NATIONAL SCIENCE OLYMPIAD (NSO) WINNERS

1. MUHAMMED MUZAMMIL	CLASS III
2. M ABDUR RAHMAN IBRAHIM	CLASS IV
3. SIDRA SHAHIN	CLASS IV
4. SAFIYA NOORI	CLASS V

INTERNATIONAL MATH OLYMPIAD (IMO) WINNERS

1. AZLINA	CLASS III
2. EBADUR RAHMAN	CLASS III
3. MOHAMMED HAFIZUDDIN	CLASS IV
4. H. MUHAMED UMAR	CLASS IV
5. ADHEEBA	CLASS V
6. TANVEER SULTHANA	CLASS VI
7. LUQMAN	CLASS VIII

INTERNATIONAL ENGLISH OLYMPIAD (IEO) WINNERS

During the academic year 2015-16, our students appeared for the 6th SOF International English Olympiad, and the results were overwhelming with Simin Suleman of Grade III and Samrin Sulaiman of Grade IX achieving the International Rank 2 and 19 respectively, Alhamdulillah.

EARTH DAY CARNIVAL

The Earth Day Carnival was conducted by the FRIENDS OF EARTH Eco Club on 22nd of April 2016 wherein our students showed active and enthusiastic participation in exciting events like skits, speeches and painting competitions. Last of all following pledge was taken by the students:

"I pledge to explore and understand how my every action affects the world and the environment, I pledge to work to improve on myself and my habits and be a role model in my community, and a steward of the earth".

WORLD ENVIRONMENT DAY

Environmental awareness is a global issue, be it the greenhouse effect or global warming, all are caused due to human activities, ultimately resulting in the overall climate change that is drastically affecting our environment. We are depending on the resources of Mother Nature for our daily needs. This has led to uncontrolled depletion and even destruction of many of these resources. It is urgent in the 21st century, that we all become vigilant and responsible citizens for the effective conservation of earth's natural resources.

World Environment Day was celebrated with full enthusiasm by primary school children and teachers. The school management motivated the students to plant more and more trees to make the surroundings green. Teachers delivered a meaningful lecture on the value of the environment followed by various activities like Art out of waste, Bottle gardening and Field gardening to understand the importance of three P's Protect, Preserve and Promote "Mother Earth".



Students of Class VI-VIII were taken to the School Garden for plantation of saplings and the children were excited and loved to carry out this activity. Children were given the responsibility to water the plants everyday and observe the growth of the saplings by measuring the length of the plants. Poster making competition was conducted in order to create an awareness on the importance of Environment Day on the topics- Healthy planet, Healthy ocean and Save water.



WORLD WATER DAY

Students of Class IX - XII participated in a thought provoking discussion and presentation on Water conservation, the availability and scarcity of water and drought affected areas in our country. After the presentation "Just a minute" competition was conducted and the students were given on the spot topics. Later the students were asked to suggest and give the ideas to conserve our precious resource "Water" in the school as well as in their homes. The suggestions and ideas given by the students are as follows:

- -Judicious use of water
- -Turn off the taps if not in use.
- -Report about the leaks and fix any dripping taps.
- -Installation of the aerators on the tap, to reduce the amount of water flow.
- -Create awareness among peers by talking about water conservation.
- -Collecting rain water by Installing rain water harvesting system

Last but not the least, a motivational video on the importance of water conservation was shown and later the students took an oath to strive and save water as each and every drop counts and every person can make a difference to converse this valuable, unmatchable and precious resource -"water".

INTERNATIONAL DAY FOR THE PRESERVATION OF OZONE LAYER

International day for the preservation of the ozone layer is celebrated worldwide on 16th September. As suggested by CBSE, various activities such as slogan writing, essay writing, report writing and poster-making contests were organized.

Objectives:

The main objectives of the programme are as follows:

- -To increase awareness about the thinning of the ozone layer that protects the life on Earth from the harmful UV rays of the sun.
- -To revolutionize the issue of ozone layer depletion and its harmful effects.
- -Increased use of non CFC equipment's and non CFC coolants.

-Stimulating the development of a network for information sharing through-

out the school.

SI. No	Class	Topic
1	VI	Slogan Writing Essay Writing- How Can We Make Our Atmosphere Healthy
2	VII	Poster Making – Ozone, A Natural Umbrella
3	VIII	Debate – Desert Cooler is a better option than Air conditioner for Summer Collect Information about Hydrofluorocarbons and their impact on Global Warming
4	XI, XII	Report Writing on Global Warming – Its causes and impact







WORLD WILD LIFE DAY CELEBRATION

World Wild life day is an opportunity to celebrate the many beautiful and varied forms of wild fauna and flora and to raise awareness of the multitude of benefits that conservation provides to people. At the same time, the Day reminds us of the urgent need to step up the fight against wildlife crime, and conserve the species at the verge of extension, which has wide-ranging economic, environmental and social impacts. To create awareness among the students a special screening of the documentary "Humpback Whales" was done at our school premises.

The humpback whale is an endangered species as they were hunted to the brink of extension. It's a matter of privilege to mention that a special screening of documentary HUMPBACK WHALES was done at our school premises in the presence of honorable guest Dr. Mridula Srinivasan, Marine Ecologist at the US National Oceanic and Atmospheric Administration (NOAA)



WORLD HEALTH DAY

World health day was celebrated on 7th April, 2017 and the students of grade VI to XII participated in the programme. The main aim to celebrate World Health Day is to ensure our students and teachers are hail and healthy to contend in this competitive world. The major objectives of the programme is to inculcate healthy lifestyle among students, raise awareness among students pertaining to health issues and concerns, promote self care and motivate them to council and help their friends and family to recover from illness. As the part of celebration, a short video was shown to create awareness about the World health day theme - Depression: let's talk. Depressions are preventable and let's join our hands together and help our family and friends who are depressed. If you are depressed let's talk. On this day emphasis was laid on good eating habits that include a balanced diet, drinking plenty of water, fruit in every meal and a glass of milk every day. To inculcate and motivate healthy



On 22nd April World Earth day was celebrated with a great aplomb and enthusiasm in the school premises. Prof. D.A.Shahira Banu, Assistant Professor & HOD, Department of Plant Biology and Plant Biotechnology, Dr. Shaik Khaja Rasool, Retired Professor and Head, Department of Plant Biology & Plant biotechnology, were the eminent personalities invited for the celebration of the programme. Students celebrated Earth Day by participating in the "Ecofriendly Classroom"

The objectives of the programme is to Create a sense of wonder about the natural and built environments, educate students about important issues faced by the planet, build confidence and hope, encourage eco-conscious practices and behaviors, connect classroom and out—of—classroom learning and provide hands-on, fun learning experiences. The guest inspected the class rooms and appreciated the student's efforts in converting their classrooms into Ecofriendly Classrooms. Over all the programme was overwhelming and the students went with a message that "Everyone can make a difference".







SMILE CHENNAL Making A Difference to Oral Health

AN ATTEMPT TO GUINNESS WORLD RECORD



The students of Sana Model School from class V to Class XII (boys) got a golden opportunity to participate in the mega event —'MASS TOOTH BRUSHING CAMPAIGN' held on 19th August 2017, Saturday at SRI RAMACHANDRA UNIVERSITY.

It was an attempt to Guinness world record and also Asia and India Book of Records. The event was organized by Indian Dental Association (IDA), in association with Colgate —Palmolive (India) Limited, Rotary International District 3232 and Faculty of Dental Sciences, Sri Ramachandra University Chennai. Proper brushing technique is the most effective method of promoting oral health in a community.





TRIP TO BIOTECH DEPARTMENT: UNIVERSITY OF MADRAS

The students of class 11 and 12 from the Science Department were taken on an Educational tour to University of Madras near Guindy on 7th of Sep 2017. The objective of this tour was to provide the students with an insight in the various techniques and procedures employed in the field of Biology. The students numbering around 35 along with 2 teachers, the principal and a helper departed from the school by 10:10 am and arrived at the University of Madras campus by 11:10am. First, the students were made to observe the instruments present in the Biochemistry Dept. like the UV spectroscopy device. Mr. Raja who works with the department explained about the Algae and Tissue culture, the PCR machine and other related techniques. Then the students headed to the Microbiology Dept. where Mr. Baskar who is a Ph.D student proved to be a helpful person and answered all the queries put by the students satisfactorily. He began by giving an introduction of Microbiology, the steps employed and the benefits it provides to humankind. The students were also shown bacterial and fungal cultures on culture plates. Then there was a short session on Bioinformatics. In this Department the students were told about the significance of Bioinformatics.

Next the students had an interactive session with a Ph.D scholar. She was an interesting and patient person who was kind enough to answer a range of doubts and questions from the importance of biotechnology to career scopes in various fields of Biology. She described some of the instruments like incubator and centrifuge and also introduced us to few higher devices like the chromatographic device. Lastly the students were taken to the Animal Biotechnology Dept. headed by Mr. Rajesh who showed us a culture of Spirulina using a light microscope. On the whole it was an Informative tour. Also, the facilities and the labs was a little ill-equipped, apart from that, the students got a general idea of things and were able to relate well to their theory classes.



RAIN WATER HARVESTING

Water is our most precious natural resource and very essential for our day to day living. Now, that is becoming an increasingly scarce resource, there is an urgent need to conserve the water. One of the best ways to conserve water is "RAIN WATER HARVESTMENT".

Life began in water were people have taken it for granted. To create awareness on conservation of rain water amongst students of class 6 to 12 (boys and girls) a guest lecture was organized on Saturday 7th Oct 2017at 10.00am.



Dr. Sekhar Raghavan popularly known as "RAIN MAN" of Chennai gave a presentation on Rain Water Harvesting which covered the following topics:

- -Need for Rainwater Harvesting(RWH)
- -Benefits of RWH
- -How much rain can be harvested
- -Methods of RWH

He also screened two short videos on the conservation and importance of water.

The session was for about 45 min and then he interacted with the young minds and was grateful enough to answer all their questions.

After the session we went around the school campus to explore the possibilities of rain water harvesting. He gave his valuable suggestions and guided us to implement the rain water harvesting.

Alhamdullilah, our school building already has roof top rainwater harvesting system where the ground water is recharged and the quality of water is also improved.

GUEST LECTURES BY EMINENT PERSONALITIES

Mr Asif Iqbal is the nation's first visually impaired MBA to become the Manager of Pricewaterhouse Coopers. We, at Sana had the privilege of hosting him during his visit to Chennai on 27th January 2017. Mr Asif Iqbal spoke to our students and demonstrated how he uses software like Job Access with Speech (JAWS) on his computer and inbuilt voice over on his i-phone. It was a great experience for our students and also a wonderful inspiration to learn how he overcame all odds in his life to become successful in his career.

We were also honoured to host Mufti Rizwi Sahib from Ceylon who visited our school in the month of February 2017. Students of Class IX and X had the opportunity to listen to his inspiring and motivational lecture.

In addition to this, guest lectures were arranged under the expert guidance of Ms Seetha Lakshmi, our Academic Consultant, in order to guide our students to face Class XII Board exams successfully. Some of them are as follows:

Mr Neelakantai Pillai (Senior Principal, Kola Perumal Saraswathi Vidyalaya and South zonal expert) for Physics, Ms Mohana, Principal Modern senior secondary school for Accountancy, Ms Vijayalaksmi(former Principal PS senior secondary school) for Chemistry, Mr Venkat (Principal Narayana school) for Computer science.

Professor Sultan Ismail-

As part of the celebration of World Environment day, we invited Dr. Sulthan Ahmed Ismail, MD, Eco Science research foundation, to motivate the students and create awareness about environment and about earth.

The talk by Dr Sulthan Ahmed Ismail on June 8th 2016 was highly interactive and informative and the students of class 9th -12th were enlightened on the various aspects of preserving our environment, conserving natural resources and to live in harmony with nature and in specific about the process of Vermicomposting.

Career Counselling

Centre for Information and Guidance India (CIGI) from Kerala conducted Aptitude test for our students of Classes IX to XII at our school in order to counsel the students on higher education and guide them to choose their subjects of interest

Needless to say, many of our graduating students have appeared for NEET, CLAT, JEE Entrance examinations to enhance and further their professional development.

THE POWER OF CICO TIVITY



Sana Creative Gallery

THE BEST IN ISLAM

Allah says: "Indeed, in the Messenger of Allah you have for you the Best example".

Have you ever wondered to yourself what it actually means to be the best?

Now, we will present a few narrations from our beloved Prophet Muhammad
detailing ways on exactly how to become the best, how to have the most
beloved of people to our Magnificent Creator, Allah Subhanahu wa Taala.

Sayyidina Muhammad told us:

- 1. "The best of the Muslims is he from whose hand and tongue the Muslims are safe." (Muslim)
- 2. "The best of people are those with the most excellent character." (Tabarani, Sahih)
- 3. "The best of people are those who live longest and excel in their deeds, whereas the worst of people are those who live longest and corrupt their deeds." (Tirmidhi, Sahih)
- 4. "The best of marriages are the easiest ones." (Abu Dawud, Sahih)
- 5. "The best prayers for women are those performed in the most secluded parts of their houses." (Ibn Khuzaymah, Sahih)
- 6. "The best of you are the best of you in fulfilling (rights)." (Ahmad, Sahih)
- 7. "The best of you are those who are best to their families and I am the best of you to my family." (Tirmidhi, Sahih)
- 8. "The best of you are those who feed others and return greetings." (Abu Yala, Hasan)
- 9. "The best of journeys undertaken are to this Mosque of mine and the Ancient House." (Ahmad, Sahih)
- 10. "The best of which man can leave behind for himself are three: a righteous child who supplicates for him, an ongoing charity whose reward continues to reach him and knowledge which others benefit from after him." (Ibn Hibban, Hasan)

MUHAMMED UMAR -X B

THE MOST IMPORTANT SPEECH EVER MADE BY MAN ON EARTH

"O People, lend me an attentive ear, for I know not whether after this year, I shall ever be amongst you again. Therefore listen to what I am saying to you very carefully and TAKE THESE WORDS TO THOSE WHO COULD NOT BE PRESENT HERE TODAY.

O people, just as you regard this month, this day, this city as Sacred, so regard the life and property of every Muslim as a sacred trust. Return the goods entrusted to you to their rightful owners. Hurt no one so that no one may hurt you. Remember that you will indeed meet your LORD, and that HE will indeed reckon your deeds. ALLAH has forbidden you to take usury (interest), therefore all interest obligation shall henceforth be waived. Your capital, however, is yours to keep. You will neither inflict nor suffer any inequity. Allah has Judged that there shall be no interest and that all the interest due to Abbas ibn Abd Al-Muttalib (Prophet's uncle) shall henceforth be waived...

Beware of Satan, for the safety of your religion. He has lost all hope that he will ever be able to lead you astray in big things, so beware of following him in small things.

O people, it is true that you have certain rights with regard to your women, but they also have rights over you. Remember that you have taken them as your wives only under Allah's trust and with His permission. If they abide by your right then to them belongs the right to be fed and clothed in kindness. Do treat your women well and be kind to them for they are your partners and committed helpers. And it is your right that they do not make friends with any one of whom you do not approve, as well as never to be unchaste.

O people, listen to me in earnest, worship Allah, say your five daily prayers (Salah), fast during the month of Ramadan, and give your wealth in Zakat. Perform Hajj if you can afford to.

All mankind is from Adam and Eve, an Arab has no superiority over a non-Arab nor a non-Arab has any superiority over an Arab; also a white has no superiority over black nor does a black have any superiority over white except by piety (Taqwa) and good action. Learn that every Muslim is a brother to every Muslim and that the Muslims constitute one brotherhood. Nothing shall be legitimate to a Muslim which belongs to a fellow Muslim unless it was given freely and willingly. Do not, therefore, do injustice to yourselves.

Remember, one day you will appear before Allah and answer your deeds. So beware, do not stray from the path of righteousness after I am gone.

O PEOPLE, NO PROPHET OR APOSTLE WILL COME AFTER ME AND NO NEW FAITH WILL BE BORN.

Reason well, therefore, O people, and understand words which I convey to you. I leave behind me two things, the QUR'AN and my example, the SUNNAH and if you follow these you will never go astray.

All those who listen to me shall pass on my words to others and those to others again; and may the last ones understand my words better than those who listen to me directly. Be my witness, O ALLAH, that I have conveyed your message to your people".

This sermon was delivered on the 9 th day of Dhul Hijjah 10 AH in the "Uranah valley" of Mount Arafat by the Prophet Mohammed 🚎.

HUMILITY WILL MAKE YOU GREATER

In the light of increased competition and increase in narcissism amongst our youth, I think it's safe to say that in a society, we could use a little more humility. Our culture plays so much value on external accomplishments, appearance and self-aggrandizement of all things that are short lived. Even a small display of this quiet virtue can make one feel like a drowning man coming up for air.

Yet why can it be so challenging for us to express humility?

It is because we often misinterpret its active demonstration to be a sign of weakness, when in actuality it is an indication of tremendous inner strength.

Why is humility good?

When I meet someone who radiates humility, my shoulders relax my heartbeats a little more quietly and something inside me let's go. Why? Because I know that I'm being fully seen, heard and accepted for who I'm.

Truly humble people are able to offer this kind of gift to us because they see and accept their own strengths and limitation. They accept the people with their flaws. Humble people work on their limitations by being open to new ideas, advice and criticism. This ability cultivates an awe inspiring inner strength, we also need to build quiet-ego, and then we become less likely to act aggressively, manipulate others, express dishonesty and destroy resources. Instead we take responsibility for and correct our mistakes, listen to others' ideas and keep our abilities in humble perspective.

THREE TIPS FOR CULTIVATING HUMILITY:

- 1. Embrace your humanness.
- 2. Practice mindfulness and self compassion.
- 3. Express gratitude.

HAFEEZULLAH KHAN XII- B

TRIP TO MYSORE

Mysore is a lovely place with amazing monuments and enormous palaces. Mysore is a major tourist attraction in Karnataka. We decided to visit this historic city as part of our school excursion. With great excitement and anticipation, we began our trip and it turned out to be one of the most glorious and action-packed one that I have had so far. On the first day we went to Brindavan garden which has lots of wide open spaces and colourful fountains. The dazzling and colourful flowers were mesmerizing to behold. We were astonished to see such a huge dam which stores the water of river Cauvery. The top view of it was fascinating and we spent the whole day playing football and chatting with others. Next day we visited the majestic palace, belonging to the Wodeyar Dynasty. We were astonished by its beauty as it shimmered in the midday sun. We heard that current Scion of the Wodeyar Dynasty still lives behind the palace and participates in functions during the Dussehra festival. Then we moved to the old Museum near the palace, it had neat sculptures but the most fabulous thing in that museum was the art gallery section where we could see the artistic work of the great painter Raja Ravi Varma. His paintings were incredible as his style was lively. Another highlighting factor of the trip was, visit to Tipu Sultan's summer palace. It was extremely beautiful and well organized. It had paintings depicting the battles that Tipu Sultan and his father Hyder Ali fought. It also had Tipu's son's paintings and was a great tribute to the Tiger of Mysore. The trip with my friends was a fascinating experience that I will cherish and treasure with all my heart and soul.

MOTHER'S LOVE

My mom is sweet
As she keeps me neat
She gives me happiness
That takes away my sadness
Her love for me is forever
That cherishes my future
-AYISHA .A
VIII – A

LIFE OF SILKWORMS

Silkworms have tiny feet,
And sharp teeth.
Under the shady leaves,
Beautifully weaves.
It makes beautiful silk,
Its color is as white as milk.
Then they'll form Cocoons,
Their feet are as small as that of raccoons.
-RAYAN

BIRD

The air is so sweet,
as my heart beats.
The sun is bright,
Until it is night.
The gardens are with rose bed,
While the birds are fed.
The bird knows
Where the clear river flows.

SUCCESS

Success is a light that shines bright
When there is darkness
Darkness comes when you fail
So don't forget to fail.
If you have failed already then be happy
Now you are on the way to Success!!!!
-K. MASRATH JAHAN XII A

MY MOTHER

My mother is bold,
As beautiful as gold.
She wakes me up to school every day,
And takes me out when I want to play.
She is really fun,
As bright as the sun.
I love my mother
Because she is like no other.

BOND IN TRUE FRIENDSHIP

My best friends They understand me And always quide me They share with me because they care for me Friends may come and friends may go Like the wave the wave on the sand Like the day and night and Like the rain on the land True friends are pillars of life True friendship has no pain because it only has gain True friendship has no secrets That leads to no chance for regret True friendship never apart May be in distance But never in heart True friends don't behave royal As they are loyal Friends may come and friends may go But the true one stays forever.

MY LITTLE PETS

My little pussy
Chases a rat, with his hat.
My little puppy
Runs and jogs, even in the fog.
My little pony
Climbs hill, to play with fox.
My little lamb
Loves to sleep, in the pink jeep.
My little kid
Has a white coat, rows a boat.
My little buck
Has a habit of stealing carrots.
These are the little animals that I have yes,
These are the little ones I have.
SIMIN SULAIMAN-





























AMET SCIENCE FAIR 2016





