



SANA  
Model School

# SPECTRUM

E-NEWSLETTER  
NOVEMBER EDITION 2020

## QURAANIC VERSE

اقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ - خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ - اقْرَأْ وَرَبُّكَ الْأَكْرَمُ -  
الَّذِي عَلَّمَ بِالْقَلَمِ - عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ

**“Read! In the Name of your Lord, Who has created (all that exists), Has created man from a clot. Read! And your Lord is the Most Generous, Who has taught (the writing) by the pen. Has taught man that which he knew not,” [Al-‘Alaq 96: 1-5].**

## AL-HADITH

قال النبي صلى الله عليه وسلم مَنْ يُرِدِ اللَّهُ بِهِ خَيْرًا يُفَقِّهْهُ فِي الدِّينِ ، وَإِنَّمَا أَنَا قَاسِمٌ  
وَاللَّهُ يُغْطِي ، وَلَنْ تَرَانِ هَذِهِ الْأُمَّةَ قَائِمَةً عَلَى أَمْرِ اللَّهِ لَا يَضُرُّهُمْ مَنْ خَالَفَهُمْ حَتَّى يَأْتِيَ أَمْرُ  
اللَّهِ .

Nabi sallallahu alaihi vasallam said If Allah wants to do good to a person, He makes him comprehend the religion. I am just a distributor, but the grant is from Allah. (And remember) that this nation (true Muslims) will keep on following Allah's teachings strictly and they will not be harmed by any one going on a different path till Allah's order (Day of Judgment) is established.

Sahih Bukhari#71

Status: صحيح

## FOUNDER'S MESSAGE

The word '**Sana**' in Arabic means to Praise Allah. The very first verse of the Holy Qur'aan reads: "**Praise be to Allah, the Lord of the Worlds.**" So we praise and thank Allah for all His blessings on us. For our children to grow and blossom as future leaders, as desperately needed, we must open their minds and hearts to the love of Allah and His wonders. Allah says in the Qur'aan: "**I have not created jinn and mankind (for any other purpose) except to worship Me.**" At Sana, we are committed to helping our students understand this purpose of life on this earth.

"The most important motive for work in school and in life is pleasure in work, pleasure in its result, and the knowledge of the value of the result to the community."

Our objective is to help our students acquire the skills and behavioural characteristics that would enable them to actively work to become contributors to the society and an asset to the nation.

- NOORUL AMEEN





# ART & CRAFT 2020

In this rapidly changing world as our children grow up, they start playing with gadgets like laptop, tablets, mobile and they miss out on crafting and exploring new things. Therefore, it becomes vital to introduce arts and craft to children at a younger age. Subsequently they will learn a new skill and help save the environment by utilising the materials around them and creating *best out of waste*. In order to inculcate the habit of recycling and creating an awareness of saving the environment, our children were given an activity to create anything from the objects available around them. It was amazing to see their creativity. Students have abundance of ideas and we just need to kindle their curiosity and creativity to bring the best from them. They made excellent things which was beyond our expectations.







# ART OUT OF WASTE



**Eat healthy,  
live healthy.**



Wholesome food

Children are now consuming **highly processed snacks** that are nutritionally poor and pose a threat to their health. These products are loaded with artificial colours, flavours, refined sugars and are super high in calories. Kids are eating more refined sugars than ever before. You can improve and change that by replacing many of these unhealthy snack options with fruits.

Eating more fresh fruits will help you stay away from processed food. Fruits come from nature and not from a factory. The closer to nature, the better for your health. Fruits are naturally low in fat and calories while they have key nutrients that protect your child from illnesses.

### **Why You Need to Eat Fruits?**

1. Eating lots of fruits lowers the risk of developing disease.
2. Fruits make you strong.
3. Water content in fruits helps keep you hydrated.
4. Fruits are high in fibre, which helps keep you fit and healthy.
5. Fruits provide our bodies with vitamins and minerals.
6. Fruits boost brain power
7. Fruits make you feel energized.

Did you know that eating plenty of fresh fruits might also boost your child's performance in school? A healthy diet that includes fruits can also increase your child's focus in the classroom, so he is able to learn new information, as well as retain what he's learned. That's really amazing!

*So, in order to create awareness among children we did various activities and one among them was the Salad preparation. Children were explained about the importance and benefits of fruits and vegetables. The teachers either demonstrated or shared pictures of the salads and the students were motivated to prepare the same. They were encouraged to use their own creative ideas and come up with different salad preparation. It was an exciting activity for the children, each came up with different recipes loaded with nutrients. Children along with the parents enjoyed and learnt a lot from this activity like creativity, teamwork, responsibility and many more skills.*





TREATS ALL DAY!



LOTS OF SUN  
MY MOODBOARD FOR THE  
SUMMER OF 2020  
MADE BY STUDENTS





# INDEPENDENCE DAY

*As educational institutions await a nod from the authorities to resume physical classes in the wake of the ongoing coronavirus pandemic and mounting cases, our School decided to go the virtual way to mark India's 74<sup>th</sup> Independence Day.*

*With officials laying down the norms, our school accordingly planned to take the celebration online to ensure students do not miss out on commemorating the day. Our school also planned various activities for the students class – wise to celebrate the Independence Day.*

Grade	Competition	Theme
1	Painting	The National Flag
2	Drawing	Independence Day
3 to 5	Speech	Incredible India/ Freedom Fighters



## *subject enrichment activities*

The all-round personality development of the pupils was a task that seemed difficult when the shift to online education became a new normal. But very proud of our learners and teachers, we adapted ourselves and continued to stride ahead. The challenges, transitions and hurdles in the path failed to dampen our spirits by the Grace of Allah (SWT) and here we are with the successful completion of half an educational year. Alhamdulillah!!!!

The Subject Enrichment Activities form an integral part of teaching – learning process this Year as well. Enrichment Activities give a spurt to the learning skills of a child. The child steps into an area of their interest, where creativity is unfettered. Enrichment activities throw open plenty of opportunities for the students, as a natural extension to their scholastic pursuits. It is this interest that sustains the enthusiasm of our students to put their best foot forward in academics or otherwise. Our students thoroughly enjoyed and this served as a means of learning core subjects via different art forms. A glimpse of the enthusiasm with which these activities were executed is being presented in the form of photographs. Subject Enrichment Activities are an integral part of our pedagogy as well as assessment.

With unwavering perseverance, we march ahead on this bumpy road towards learning and look forward to another retraining months ahead. 'Learning is not the product of teaching. Learning is the product of the activity of learners' – John Holt

Our students and faculty leave no stone unturned to ensure that the aim of all – round development of the pupils is attained even in these difficult times. The credit for the never-ending support goes to the benevolent parent body. We are happy to share with you a glimpse of the Subject Enrichment Activities executed this year.

### To name a few activities

1. Global Handwash Day
2. Creative writing (picture composition)
3. Just a Minute
4. Colouring & Drawing
5. Story writing



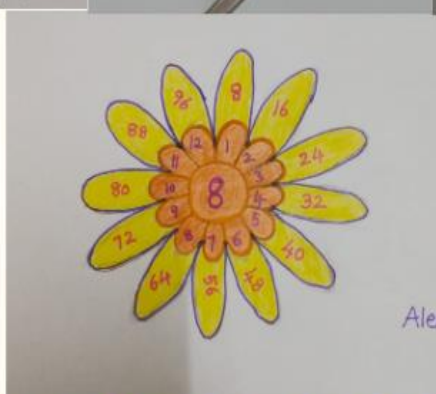


DREAM IN BLUE

## SUBJECT ENRICHMENT ACTIVITIES

**Multiplication Strategies 3x4=12**

<b>Groups</b>  $3 \times 4 = 12$	<b>Array</b>  $3 \text{ rows of } 4 = 12$
<b>Number Bond</b>  $3 + 9 = 12$	<b>Fact Family</b> $4 \times 3 = 12$ $3 \times 4 = 12$ $12 \div 3 = 4$ $12 \div 4 = 3$
<b>Repeated Addition</b> $3 + 3 + 3 = 9$ $3 + 9 = 12$	<b>Skip Counting</b> $3, 6, 9, 12$



## SUBJECT ENRICHMENT ACTIVITIES MATH









# GLOBAL HANDWASHING DAY

OCTOBER 15TH 2020

Global Handwashing Day is an annual global advocacy day dedicated to advocating for handwashing with soap as an easy, effective, and affordable way to prevent diseases and save lives.

Global Handwashing Day is celebrated every year on October 15th.

The 2020 Global Handwashing Day theme is "Hand Hygiene for All."

"This year's theme follows the recent global initiative calling on all of society to scale up hand hygiene, especially through handwashing with soap. This year's theme reminds us that we must work toward universal access and practice of handwashing with soap for now and for a healthy future."





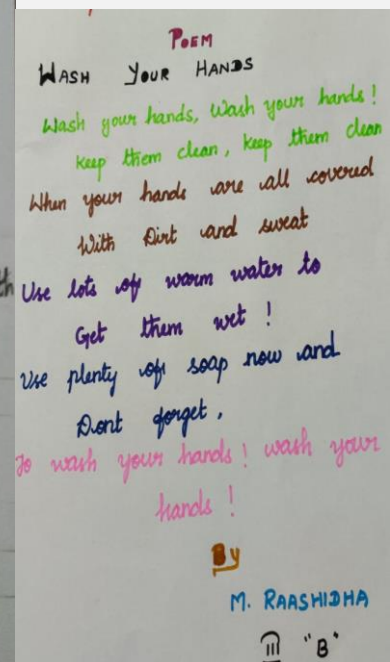
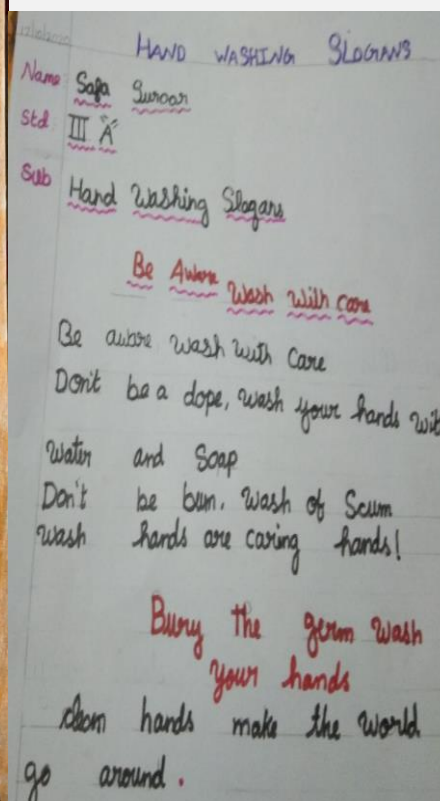
# THINGS TO DO





# IMPORTANCE OF HAND WASH

- ✓ Proper hand hygiene is the way to prevent the spread of germs.
- ✓ Wash your hands with soap and running water.
- ✓ This prevents infection.
- ✓ Because people touch their eyes, nose, and mouth
- ✓ Germs can get into the body through the eyes, nose and mouth.
- ✓ It can make us sick
- ✓ Washing hands takes only about 20 seconds.



### EMOTIONS

I feel happy sometimes  
I get angry few times,  
I even feel sad, I even cry alone,  
What should I do?  
How should I feel?  
I just wanted to be happy every time,  
And make others feel the same!!  
I wanted to smile a lot,  
And make others to smile even more

Aafiya Siddiqui  
Grade 5A



### NATURE

We can be a lover of a flower

We can sway like a leaf but never answer  
anything brief

Stars are cool but never in war.

Moon loves to ruin and never ate with a  
spoon of tune.

Cloud in crowds don't talk loud,

Birds in the middle of a goat herd never  
eats dirt.

Nisa Mariam  
Grade 4A





## POEM BUTTERFLY



I want to be a butterfly  
So colourful looking at it fly  
When I want to see it nearby  
It flew away as it was very shy  
I want to be a Honey Bee  
To sit on the flower that I see  
Always buzzing here and there  
Looking really too busy  
Be happy like these insects somewhere  
And let's not have war everywhere

Safaa Grade:3B

## My Pink Unicorn

I had a pink unicorn  
Her name was called Shorn  
She loves to eat corn so  
I take her to barn  
She knows to fly high  
So, she takes me to the Blue sky  
When it is night  
She flies and takes me to height  
She loves my whole family  
We live happily.

S.Syed Suhaila  
5A



STUDENTS'

CREATIVE CORNER

THE FUTURE BELONGS TO  
THOSE WHO BELIEVE IN THE  
BEAUTY OF THEIR DREAMS.

ELEANOR ROOSEVELT



## THE SPECTRUM

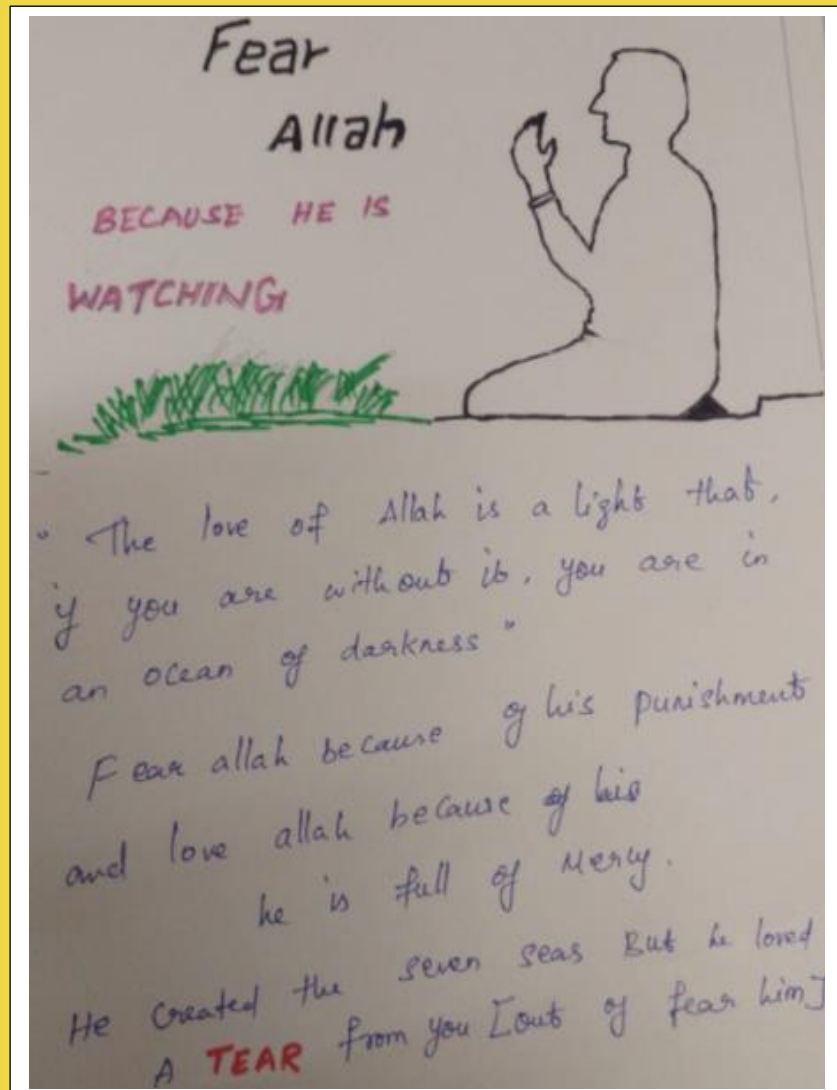
A Spectrum is a band of seven colours violet indigo, blue, green, yellow, orange and red. A spectrum can be seen if the sun light is passed through a prism and allowed to gather on a white screen. This visible spectrum is a part of the large electromagnetic spectrum.

Spectroscopy is the study of spectra. A natural example of a spectrum is a rainbow. The word first used by scientist optics. The spectrum seen when light passes through a prism is an example of light. This implies that light travels a little slower in the material of the prism than surrounding it.

Ahmedh Anas  
1C

## AEROPLANES

Airplanes are usually pushed through the air either by propellers or by jet engines. A propeller looks like two thin pointed wings joined end to end. As it spins around it forces air backward this pushes the airplane forward the engine of a propeller planes uses the power of burning fuel to turn the propeller. But a jet engine uses burning fuel to make the wheels of a turbine spin. The gases and air from the back of the engine push the plane forward. An Aeroplane with a jet engine can fly much faster than a propeller airplane. Large passenger airplanes are usually powered by jet engines. Some jumbo jets can carry more than 400 people. They fly at a speed of 800 to 970 kilometres an hour.  
Hasan J.K. 5c





## SMART PHONES

Smart phone is a pocket-sized tool, used as a means of communication, source of information and entertainment; they can do anything from standard phone calls to surfing the internet.

Common features include alarm clock, compass, converter, navigation, audio recorder, video player, camera and internet.

- Constant contact with families and friends
- Data storage (files, images, videos)
- Money transaction
- Online shopping
- Social media (Facebook, Instagram, Twitter etc)
- Daily news update
- Business purpose

Last but not least during this pandemic, smart phones had a great impact on everyone's daily life working to emergency situations.

*Zainab Ansari 5A*

## THE STOLEN RING



Akbar once lost a ring his father gifted him. He immediately reached out to Birbal and asked for his help. Birbal said that he will help him find his ring. He then told the courtiers present that he is aware that one of them stole the ring, Akbar angrily asked as to who stole the ring.

Birbal replied that the courtier with the straw beard is the one who has the king's ring. Immediately the guilty courtier stroked his beard to check for the straw. Birbal pointed at the culprit.

Moral: A guilty conscience will always give it away.

***Umair Ahmed Baig Class 5C***



# Project Proposal

PROPOSED BY  
—  
SYED IBRAHIM 5C



# JOKES

1. Father: Sunil, What would you like to be when you grow up?  
Sunil: A Veterinary Doctor  
Father: Why a Veterinary Doctor?  
Sunil: Because an animal can't complain of wrong treatment.
2. Russia: We are the first in space  
USA: We are the first to land on the moon  
India: We will be the first on the sun.  
USA: You can't land on the Sun as it's hot!  
India: Don't worry! We will land at night
3. Man From car: Do you want a lift?  
The Other Man: No. I am living in the ground floor. I don't need a lift.
4. Teacher: Can you tell me about the people those who lived in the 17<sup>th</sup> century?  
Sonu: Sir all of them are dead now.
5. Teacher: Mohan, why are you not answering my question?  
Mohan: It's written on the board - Maintain silence
6. Rakesh: What does your mother do when she gets headache?  
Rahul: She sends me out to play
7. Teacher: What is the difference between a fly and a bird?  
Student: Sir a bird can fly but a fly can't bird.
8. Mother: Why are you keeping the prize in the top slab of the shelf?  
Child: My Principal said to me - Keep it up!
9. Son: Mummy can you write in the dark?  
Mummy: Yes I can  
Son: Then switch off the light and sign my report card.
10. Tom: Uncle what is the time?  
Uncle: It is 10:10 , my child  
Tom: Uncle if you tell me once it is enough, I'm not deaf.

*Syed Ibrahim*  
V-C

Ha  
ha  
ha!  
Ho  
ho  
ho!



## KIDS JOKES CORNER

1. Why was school easier for the cave people?

Why? because there was no history to study Ha! Ha!

2. Where are the great plains located?

At the great airports ha! ha!

3. Mother: What did you do at school today?

Child: We did a guessing game.

Mother: But I thought you were having a math exam.

Child: That's right!

4. What's the king of all school supplies?

I don't know what?

The ruler? ha! ha!

5. Did you do your math homework?

No, I've already got my own problems Ha! Ha!

6. Why did the boy eat his homework?

Because his teacher said it was a piece of cake Ha! ha!

7. How do you get straight A's?

By using a ruler Ha! ha!

8. How do you make seven even?

Remove the "s" Ha! ha!

*By Habiballah H*

# RIDDLES!

1. Where does a fish store its money?
2. Where do frogs fly their flags?
3. Why won't oysters share their toys?
4. If you drop a yellow hat in a red sea, what does it become?
5. What always runs but never walks, tells you something but never talks

P.

## ANSWERS

AFRAH TAKREEM

V-B

- 1 Ans: In a river bank
- 2 Ans: On the tadpole
- 3 Ans: Because they are shell fish
- 4 Ans: It becomes wet
- 5 Ans: A Clock

1. What has to be broken before you can use it?
2. I'm tall when I'm young and I'm short when I'm old? What am I?
3. What month of the year has 28 days?
4. What can you break, even if you never pick it up or touch it?
5. What goes up but never comes down?
6. Where does today come before yesterday?
7. What goes up and down but does not move?
8. What has lots of eyes but can't see?
9. What has one eye but can't see?
10. What has one head, one foot, and four legs?

Nadira 3b

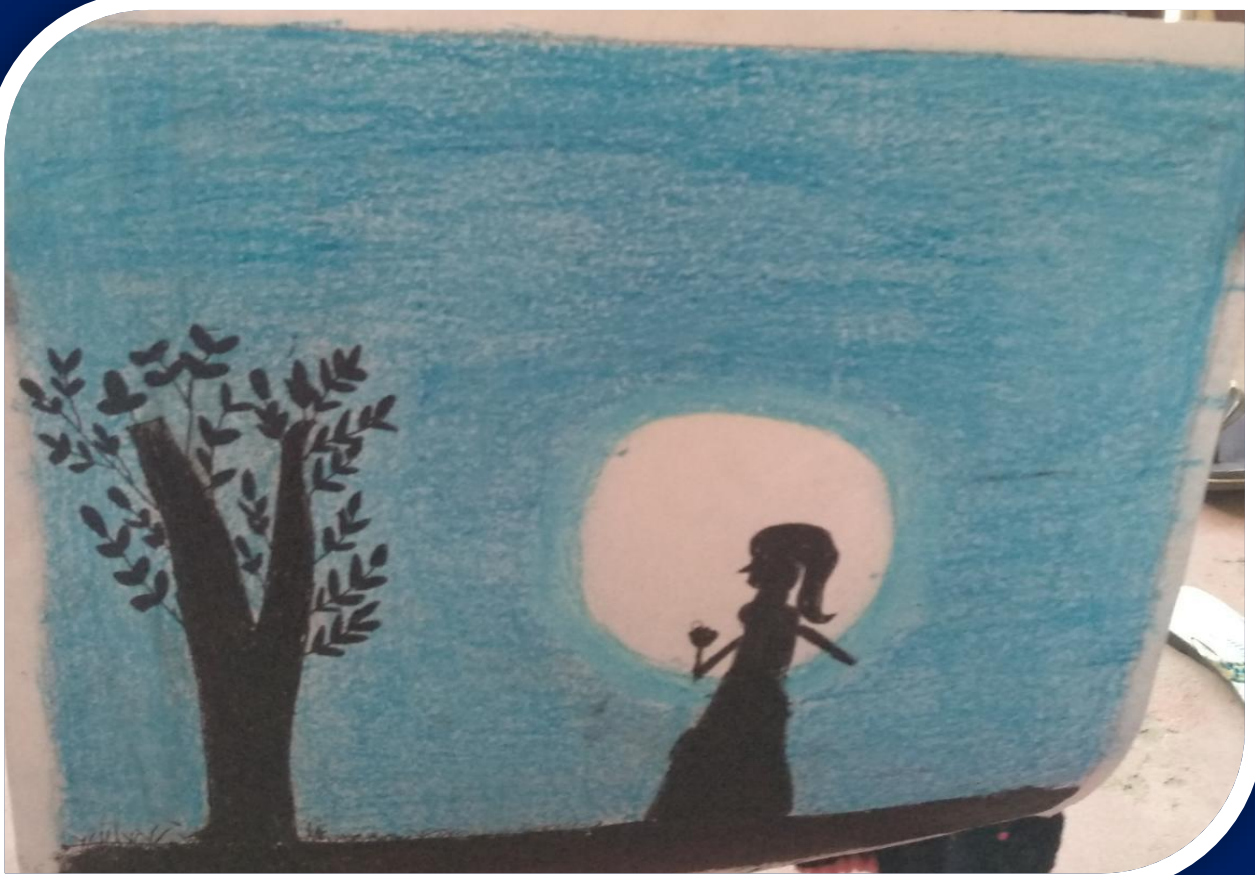
## ANSWERS

1. An Egg
2. A Candle
3. All of them
4. A Promise
5. Your Age
6. A Dictionary
7. A staircase
8. A potato
9. A needle
10. A bed













# sketches

diya 5B

Mahdiya 5B

Mahdiya 5B

Liyana 5B

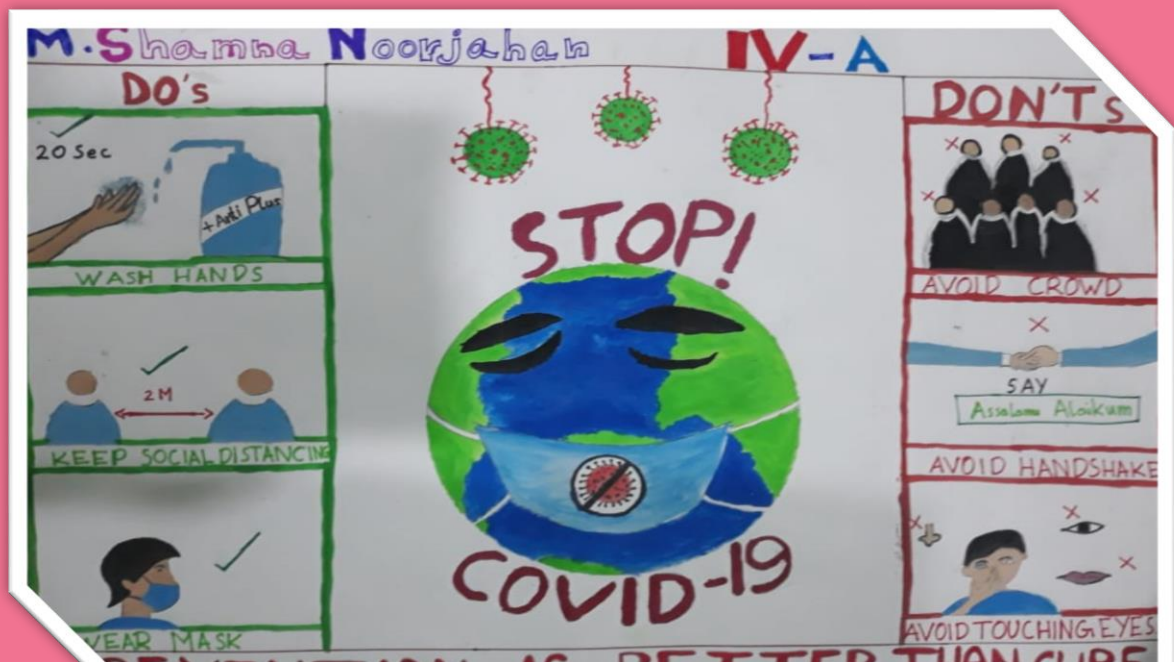


by Rafah R.I.  
Fathima 2c













*Storytelling is a unique human skill shared amongst people far and wide. It opens up the vivid imaginations that runs wild in children and it also builds confidence and enhances speaking skills.*

*Stories become a part of our lives since the day we are born. We hear stories from our grandmother and mother as kids. The first utterance of ‘Once there was a king and queen.’ instantly opens up every child’s world of imagination, although we now know it’s just a way to coax kids to sleep. Stories allow us to imagine, visualize and get inspired by what does not exist, most of the times. It is a means to convey a thought, information, or simply, one’s own feelings about a particular thing, event or person. In future most of you will be heading into the corporate world or become entrepreneurs, handling complex businesses and presenting proposals, one skill that will help you in presenting your point better is the art of storytelling.*

*A storytelling competition was organised for the students of class 1 to 5.*

*The young vibrant storytellers came forth with wonderful tales. While some stories provided food for thought, some reinforced moral values and some were humorous.*

*The stories were adjudged on the basis of pronunciation, voice modulation, confidence level & overall presentation, gestures, story with moral & properties used.*



# WINNERS OF STORY TELLING COMPETITION

<i>GRADE</i>	<i>FIRST</i>	<i>SECOND</i>	<i>THIRD</i>
<b>1A</b>	<b>Mehvish Moheed</b>	<b>Sulaimaan.K &amp; Aaqib Aliyar</b>	<b>Azra Aisha &amp; Muhammad Saqib Khan</b>
<b>1B</b>	<b>Mohammad Rayyan</b>	<b>Muskaan Fathima</b>	<b>-</b>
<b>1C</b>	<b>H. Ahmedh Anas</b>	<b>-</b>	<b>-</b>
<b>2A</b>	<b>Sidra zynab</b>	<b>Mizba shehzana</b>	<b>Roohi fathima.m</b>
<b>2B</b>	<b>Afra</b>	<b>Salman</b>	<b>Mohammed Hamdan</b>
<b>2C</b>	<b>Nuha fathima</b>	<b>Shaheen M &amp; Mohammed Aathif</b>	<b>Mohammed Aymaan Hussain</b>
<b>3A</b>	<b>Shahira Tazmeen &amp; Fouziya Sultana</b>	<b>Zaina Saleha &amp; Zulfa Asiya</b>	<b>Safa Suroor &amp; Rida Fathima</b>
<b>3B</b>	<b>Noorunnisa I</b>	<b>Raashida M</b>	<b>Shahana Fathima &amp; Fazeela Nihmath</b>
<b>3C</b>	<b>Mohamed Haasiq &amp; N.Mohammad Zaid</b>	<b>M. A. Al Amin &amp; A. Ammar Ali</b>	<b>Mohamed Ahsan</b>
<b>3D</b>	<b>Mohammad Rihab</b>	<b>Muhammed Misbah ul Haq</b>	<b>Hamza Hussian</b>
<b>4A &amp; B</b>	<b>Faheemunisa &amp; Rifana</b>	<b>Sameera Mumtaj &amp; Safaa</b>	<b>Hafsa Fathima</b>
<b>4C</b>	<b>Mohamed Mohaideen A</b>	<b>Mohammad Affan &amp; Mohammed Aqeel</b>	<b>Abdul Matheen M</b>
<b>4D</b>	<b>Aamir Sharif &amp; Ahmed Asil</b>	<b>Ismail Arsh</b>	<b>-</b>
<b>5A</b>	<b>Liba Kulsum</b>	<b>Tooba</b>	<b>Khansa Maryam &amp; Azizunisa Amrin</b>
<b>5B</b>	<b>Shahaana Baanu</b>	<b>Liyana</b>	<b>Afra Takreem &amp; Mahdiya</b>
<b>5C</b>	<b>Firaz</b>	<b>Manzur Ahmed</b>	<b>Mohammed Suhail.S &amp; Muhammad Afzal Ali</b>

# 100% ATTENDANCE TERM I

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
<b>1A</b> Mehvish Moheed Maryam Thahira Sulaimaan K	<b>2A</b> Shafana A H Mohammed Sadeed V Zuraig Muhyideen S Mohammed Raazi	<b>3A</b> Afsa Zaheen Alimunissa Tabassum Areesha Syedha M Safa Suroor Sameeha Rufaidda Shahirah Tazmeen Sumaiya Banu Nawfa S	<b>4A</b> Annesa Fathima Rushda Fathima Nisa Mariam. A Noorul Haniya. Shamna Noorjahan.v.t Umme Salma Haneen Shameema Banu Asma Fathima.H	<b>5A</b> Khansa Maryam Azizunisa Amrin Abitha Banu Afra Fathima Tooba Farheen
<b>1B</b> Asfar Hamid.S Ishaaq Ali Muskaan Fathima R Mohammed Afeez	<b>2B</b> Afra. M Nuha Zainab Aleena Shaik Aakifah S Suhana Nasmitha Hanniyah Tahreem	<b>3B</b> Haniya shamin Rifqua shanaz Sumaiya fathima Noorunnisa	<b>4B</b> Aathika firdhouse Raifah.m Badrunnisa Yafia.t	<b>5B</b> Afra Takreem Afza Zareen Tasnim Fathima Aasiya. A Thaqiyya Maryam
<b>1C</b> Ahmedh Anas Fazeelath Fathima Asma Fathima	<b>2C</b> Muhammad Aathif	<b>3C</b> Al Amin M A Ammar Ali A Mohamed Ahsan Muhammad Furqan	<b>4C</b> Mohamed Sajjad	<b>5C</b> Manzur Ahmed Syed Ibrahim Firaz U
		<b>3D</b> Mohammad Rihab Afsan Mohammad F Shayaan Ahmed Mohammad Misbah-ul-Haq	<b>4D</b> Mohammed Yahya. Ahmed Aasil Mohammed Shafaz	

# CLASS TOPPERS

## TERM 1

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5
<b>1A</b> 1.Muaadh Abbas 1.Sulaimaan  2. Azra Aisha 2. Mehvish Moheed 2. Faziha  3.Suhail Shajahan 3.Diyaana Arsheen	<b>2A</b> 1.Roohi Fathima M 2. Mohammed Razzi 2. Syed Aahil 3. Umaiza	<b>3A</b> 1. Fathima Begum S  2. Shahirah Tazmeen 2. Afeefa Fathima  3.Sajia Fathima 3.Sameeha Rufaidah	<b>4A</b>  1. Shamna Noorjahan  2. Nisa mariam A  3. Rushda Fathima	<b>5A</b> 1. Liba Kulsum 2. Aabitha Banu 3. Khadeeja S
<b>1B</b> 1. Muskaan Fathima 2. Asfar Hamid 3. Syed Azhaan	<b>2B</b> 1. Hanniyah Tahreem  2. Thusbeeha Fathima  3. Afra	<b>3B</b> 1. Sumaiya fathima. 1. Reehana Fathima  2. Raashida M  3. Haniya Shamin	<b>4B</b> 1. Fathima  2. Hafsa  3. Raifah	<b>5B</b> 1.Tasnim Banu  2.Shahaana Baanu  3.Afza Zareen
<b>1C</b> 1.Asma Fathima 2. Ahmedh Anas 2. Iffat Hidayah  2. Fazeelath Fathima 2. Safia Shireen 2. Daaniya Aime 2.Md. Ashfaq S 3.Aasiya Fathima 3. Aaqila Fathima SS 3. Fayona Hyrunnisa 3.Afra Fathima 3. Arqaam SA	<b>2C</b> 1. Nuha Fathima 2. Mohammed Aymaan Hussain 3. Shaheen M	<b>3C</b> 1.Al Amin 1. Ammar Ali  2. Aqil Mohammed  3. Mohammed Ahsan	<b>4C</b> 1. Muhammad Fawaz 2. Mohammed Sajid 3. Mohamed Muhaideen	<b>5C</b> 1.Manzur Ahmed 2.Syed Ibrahim 3.Mohammed Aarif
		<b>3D</b> 1. Shayaan Ahmed  2. Mohammad Safwaan  3. Muhammed Misbah Ul Haq	<b>4D</b> 1. Abdul Rahman  2. Ahmedh Aasil H 3. Mohamed Haris 3. Mohamed Hamza	



# The Cuisines of our kids

sandwich activity



## PILDERGARTEN ACTIVITIES Dress Your kids











## EDITOR'S NOTE



*We are pleased to present the First edition of our E-newsletter SPECTRUM. We received a number of excellent submissions and it was wonderful to see the diverse topics to which Sana Model School students have devoted themselves.*

*The passion our students put into these articles is readily apparent and their work truly represents the breadth of perspectives which make our school unique. The editorial board made the decision to devote a significant portion of this year's journal with you all. We would like to offer thanks to our all children, teaching & non-teaching staffs Without your support and generosity this year's newsletter would never have become a reality.*

*Lastly, we would like to thank you, the reader, for your continued support and interest in Sana Model School. We hope that you enjoy the fruits of our labor and that these innovative ideas can help to shape & strengthen our tiny minds.*