



**CCA- 6**

**OCTOBER – G1 & G2**



## **LIFE SKILLS (GARDENING)**



# ACTIVITY - 6

**Activity Title: Gardening**

**Date : 29/10/2021**

**Duration of the activity : 7 days**

**Classes : I & II**

**Teacher Responsible : Class Teachers**

**Description of the activity :**

Gardening with children provides the perfect combination of skills and tasks to address child's development. For example, gardening is a great physical development activity.

Young children can practice locomotor skills, body management skills and object control skills while they move from one place to the other carrying tools, soil and water. They will be moving their bodies using large muscles and using muscles to balance and manage objects too.

Fine motor skills such as whole hand grasping, and the pincer grasp (necessary skills for writing) are employed in gardening when children use a trowel or rake and pick up tiny seeds to plant. Further, being outdoors in the fresh air and moving around a lot is a good way to get exercise.

Presentation of gardening in the form of PPT& video. Students briefly explained about the procedure to grow plants at home using available seeds [fenugreek, Coriander, Chilli].

## **Learning Outcomes**

### **Knowledge:**

- Responsibility for caring plants
- Finding new and exciting ways to grow food
- Understand the cause and effect [E.g.: Plants die without water; weeds compete with plants]
- Discovery - children will be able to gain an appreciation for nature and the circle of life.

- Helping children understand where fresh food comes from will help them make wise food choices in the future.
- Collecting seeds of fruits & vegetables
- Using of mud vermicompost

#### **Skills:**

- Listening skill
- Inter-personal skill and ability to work as part of a team
- Communication skill
- Creative Thinking
- Collaboration
- Productivity skill
- locomotor skills, body management skills and object control skills
- Literacy skills - Learning the names of different plants
- intellectual skills

#### **Attitudes:**

- **Self-confidence** from achieving their goals and enjoying the food they have grown
- Enjoy **physical activities** involved in, such as planting, mulching, weeding and cooking.
- They learn **patience** and have faith about their hard work.
- **Responsibility**– from caring for plants.
- **Understanding**– as they learn about cause and effect (for example, plants die without water, weeds compete with plants)
- **Boost self-esteem**, stimulate independent thought, and increase engagement levels.
- Express their love and care towards the nature and the importance of plants.
- **Disciplined** - Makes them to be organized and disciplined as they clean up after completing the process

#### **Subjects Integrated:**

**English:** Listening and communication while following the instructions

**Maths:** Amount of soil to mix in a proportion. Counting the number of days to grow.  
Learn the ratio as they add water level to the seeds while sowing

**EVS:** Importance of plants, as it is a source of food. Understands, think and learn about  
Different kinds of trees and their benefits.

## Evidence:

1.PPT

2.Video

3.Pictures

### REQUIREMENTS:

- ▶ Mini pot
- ▶ Potting mix(soil,sand,vermi compost, pesticides)
- ▶ Seeds(Fenugreek, coriander,dry chilly seed,tomato seed, capsicum seeds)
- ▶ Water

### PROCEDURE:

- ▶ Step 1 : Choose the container.
- ▶ Step 2 : Start with quality soil(potting soil)
- ▶ Step 3 : plant at the proper depth
- ▶ Step 4 : Water wisely
- ▶ Step 5 : Keep soil warm( sunlight).



Video:



WhatsApp Video 2021-11-04 at 6.45.10 PM (1).mp4



WhatsApp Video 2021-11-03 at 11.28.25 AM.mp4

Cover the seeds with a thin layer of soil. Make sure that the seeds are 1/4 inch deep in the soil and not more.

















