



CCA – 6

G3,G4 & G5

(OCTOBER)



LIFE SKILL

(GARDENING)



ACTIVITY - 6

Activity : Gardening

Duration of the activity: 7 Days

Class: G3 - G5

Teacher Responsible: Class Teachers

Description of the activity:

Gardening is a great way to stimulate ones' imaginations and encourage them to exercise their creativity. Whether they're selecting plants, learning to grow things, or planting, the garden is a great environment to explore and discover new and exciting ways to build and grow. kids love exploring the outdoors. And encouraging your kids to get out into the garden will not only help them to develop core life skills but will also help improve their sensory and physical development.

Garden is an outdoor classroom where children can learn about nature, plants, nutrition, and even different weather conditions. These educational benefits will have a positive impact as they grow into young adults.

From observing how the sunshine affects the growth of plants, through to watching the important role insects play in the garden, children will be able to gain an appreciation for nature and the circle of life.

But that's not all... one of the main benefits of gardening with your favourite little people is that you'll be able to spend lots of quality time with them.

Learning Outcome:

Knowledge & Skill

Responsibility – Caring for plants

Understanding – Learn about cause and effect (for example, plants die without water, weeds compete with plants)

Self-confidence – Achieving their goals and enjoying the food they have grown.

Love of nature – A chance to learn about the outdoor environment in a safe and pleasant place.

Reasoning and discovery – Learning about the science of plants, animals, weather, the environment, nutrition and simple construction.

Physical activity – Doing something fun and productive.

Cooperation – Including shared play activity and teamwork.

Creativity – Finding new and exciting ways to grow food.

Nutrition – Learning about where fresh food comes from.

Intellectual skills - Remembering and analysing information and predicting outcomes.

Literacy skills - Learning the names of different plants

4. Attitudes:

- Importance of nutrition, as well as the benefits that come hand in hand with leading a happy, healthy and well-balanced lifestyle.
- An increased frequency of gardening correlated with health benefits.
- Boost self-esteem, stimulate independent thought, and increase engagement levels.
- Encourage children to be aware of their environment through keen observation and unhindered exploration
- Positive attitudes towards trying fruits and vegetables
- Teach about food and fibre production in the garden
- Engage children in community service and environmental care
- Involve students in voluntary beneficial situations
- Improve problem solving
- Improve critical thinking

Subjects Integrated:

English: Reading as they learn about the different processes of gardening.

Science: Life cycles, Adaptations, Food webs, Decomposition, Diversity, Ecological principles

- Observing and classifying
- Inferring and measuring
- Predicting and organizing

Math: Amount of soil to mix in a proportion. Counting the number of days to grow. Learn the ratio as they add water level to the seeds while sowing.

Art: Draw what they see or experience.

Evidence :







