



YOUTH LEADERSHIP PROGRAMME (Motivational Talk by students)

Jan'2022

Title: *Building Confidence & Self-assessment*

Classes: 10 -12

Date: 7th Jan' 2022

Teachers Responsible: Ms Sabira

Description of the activity:

Haneef & Fazil of class 12 and 10 respectively organised IMUS- IMPROV Unscripted, a casual motivational talk on "Building Confidence & Self-assessment". Before the session there was a written feedback taken from the students on certain questions that was helpful for them to present on the topic accordingly. It was an one hour show, where they spoke on mental health, improving confidence in oneself and how to get rid of stage fear.

They convinced few students to speak on the stage fearlessly and students panel discussion was conducted at the end.

Evidences:

1. Poster
2. Feedback Form
3. Pictures
4. YouTube link of the show

<https://youtu.be/5S1Bn-GiEO4>

WHAT ARE YOU READING???

JUST BE PRESENT IN THE

AUDITORIUM, SANA MODEL SCHOOL,

ON FRIDAY, 7th



DO I NEED TO TELL YOU IN THIS FONT?

OR THIS ONE?

OR THIS ONE?

OR THIS ONE?

OR THIS ONE?

JUST BE PRESENT IN THE

AUDITORIUM ON FRIDAY



BRING YOUR FRIENDS ALONG FOR THIS ONCE-IN-A-LIFETIME EVENT

No, I'm just kidding.



PLEASE DO **NOT** WRITE YOUR NAME ANYWHERE.
YOU WILL REMAIN ANONYMOUS.

1

What topics would you like to see discussed more at school?

2

What's your opinion on mental health?
How important do you think it is?

3

How comfortable do you feel on a stage?
And how well can you talk on-the-spot?

4

Who is your inspiration and why?

THANK YOU



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- 1 What topics would you like to see discussed more at school?

Current Affairs, International News, Cryptocurrencies,
High profile people.

- 2 What's your opinion on mental health?
How important do you think it is?

Mental health should be given more importance
and must be taken seriously. School should
provide some facilities to spread awareness about it.

- 3 How comfortable do you feel on a stage?
And how well can you talk on-the-spot?

I don't feel much comfortable to speak
on stage. I get nervous and stutter while
talking on-the-spot.

- 4 Who is your inspiration and why?

I don't have an inspiration right now.

THANK YOU



PLEASE DO **NOT** WRITE YOUR NAME ANYWHERE.
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1 What topics would you like to see discussed more at school?

The ~~subject~~ ~~the~~ Topic I like to see discussed more at school is science and technology.

2 What's your opinion on mental health?
How important do you think it is?

Mental health is very important for each and every person. If our mental health is bad, then we can't even make our own decision, we can do what we will, and we can't even speak boldly.

3 How comfortable do you feel on a stage?
And how well can you talk on-the-spot?

I am very afraid on the stage and due to that I am unable to speak fluently and sometimes starts blabbering ~~the words~~ Even though I am well prepared on the topic I am going to speak.

4 Who is your inspiration and why?

My inspiration is Albert Einstein as he believes that learning facts is not at all an education and Ideas matters.

THANK YOU



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1 What topics would you like to see discussed more at school?

Topics related to First Aid and Emergency ~~theater~~ should be discussed in the school.
School should teach public speaking and the way to behave while talking.

2 What's your opinion on mental health?
How important do you think it is?

Mental health is the most important for us.
If the mental health is not okay, all our works can get ~~lagging~~ lagging and we wouldn't be able to concentrate and learn.

3 How comfortable do you feel on a stage?
And how well can you talk on-the-spot?

Sometimes, I don't feel comfortable on stage for first few minutes and then later conversation can be relaxed and fluent.

4 Who is your inspiration and why?

Mother is my inspiration. She is the one who motivates at time ~~when~~ I am 'low' and she is the one who makes me happy when I am sad. She is the one who pushes me through limits.

THANK YOU





