

CO CURRICULAR ACTIVITY - 1

JUNE 2022-23

UPPER KINDER GARTEN

COLOURING



ACTIVITY - 1

Activity Title: COLOURING ACTIVITY

Classes: UKG A & B

Teacher Responsible: Class Teachers

Benefits of the activity:

Coloring and drawing both help kids improve fine motor skills. They also train the brain to focus. It provides an opportunity to practice and develop many skills such as concentration, fine motor and coordination for early writing skills and correct finger grip. It also gives the experience of creativity, colour awareness and developing a sense of achievement.

KNOWLEDGE

Learning Outcome

- Colouring helps to develop child's recognition and awareness of form, shapes, colours and boundaries.
- It provides visual and cognitive stimulation for the child development
- Stimulates and enhances child creativity

SKILLS AND ATTITUDE

- Coloring develops hand strength
- visual perceptual skills, and precision of grasp
- creativity
- confidence
- develops understanding of cause and effect
- Increases attention

Fine Motor Development:

- Colouring helps children develop good finger grip. It provides an opportunity to practice holding a pencil the correct way and aids in developing those fine motor muscles in their hands, fingers, and wrist.

Concentration:

- Children's length of concentration develops and improves over time. Colouring requires good concentration and this type of focusing on one task can help a child develop his or her overall concentration levels

Colour Recognition:

- Colouring in activities encourages colour awareness. Using different colours gives children an opportunity to explore different combinations and lets them see how they can change the appearance of the picture. It is great also for gaining awareness of the lesser-known colours

Hand & Eye Coordination:

- Colouring in assists in the development of hand & eye coordination as the child learns to colour within the specified area. Watching and doing and coordinating both actions is a developing skill when colouring in. When children first start colouring they will have a tough time keeping within the lines but as they progress their skill will increase. Staying inside the lines takes considerable skill and when they master it they gain a sense of pride and achievement.

Sense of Pride and Achievement:

- We need to give young children every opportunity to gain self-confidence and a sense of self-worth. If they can create something that is aesthetically pleasing, then this will help in the positive development of their personality.

Subject Integrated:

- **English:** Communication Skill, sequencing, picture reading, comprehension
- **Math :** Shapes & patterns, counting,





