

# CO CURRICULAR ACTIVITY - 2

JULY 2023-24

### **UPPER KINDER GARTEN**

LIFE SKILLS CLAY MOULDING





## ACTIVITY - 2

#### Activity Title: CLAY MOULDING ACTIVITY

#### Classes: UKG A, B & C

### **Teacher Responsible: Musthari T, Mosina T, Rameeja T, Mubashira T. ACTIVITY DESCRIPTION:**

In this clay moulding activity, students will be provided with clay and various tools to create different shapes and objects using their imagination. They will be encouraged to experiment with various techniques such as rolling, pinching, and carving the clay to achieve their desired form. The activity can be conducted individually or in small groups.

#### **KNOWLEDGE**

#### **Learning Outcome**

- Encourages creativity
- Improves connections in the brain in the default mode network
- Helps to develop visualisation and interpretative skills
- Allows children an avenue for self-expression
- Teaches children that there is more than one right answer (multiple points of view)
- Helps to build confidence because there is no "right answer" in art so children can feel pride in their artistic creations
- Helps develop hand-eye coordination and fine motor skills (playing with play doh is also recommended as a pre-cursor for handwriting)
- Trains concentration skills and helps us focus

#### **SKILLS & ATTITUDE**

- Sensory and motor skills development
- Focus and calming effect

- Self-esteem and self-expression
- Critical thinking and problem solving
- Discipline and persistence
- Resiliency and pride

#### **Fine Motor Skills:**

• The touch and feel of clay have a naturally relaxing quality to it. This quality invites children to be able to press the clay, squeeze and poke it, reshape it into as many shapes the child wants to. Children can explore their own dexterity, strengthening their motor skills, while also enjoying the activity.

#### **Problem-Solving Skills**

- Students may encounter challenges while moulding the clay, such as achieving a specific shape or joining different clay pieces together. They will develop problem-solving skills as they find solutions and overcome these challenges.
- Encourages Focus and Patience:

Moulding clay requires concentration and patience. Engaging in this activity can help students develop these qualities as they focus on shaping the clay and completing their creations.

#### Self Esteem

 Playing with clay and moulding it can help the child develop a sense of control. After the child is done shaping the clay, he/she will feel accomplished.

#### **Encourages Self-Expression**:

• Through this activity, students can express their thoughts, ideas, and emotions by creating unique clay forms, allowing for individual self-expression.

#### Subject Integrated:

- English: Communication Skill and Vocabulary Development
- Math : Shapes & patterns, size

#### **EVIDENCE**















