# Report on Seed Workshop on Time Management and Goal Setting

#### Introduction:

A highly enriching Seed Workshop on Time Management and Goal Setting was held on October 7 in the school auditorium. The session was facilitated by Mr. Prakash Savkoor, a renowned magician, motivational speaker, and life coach known for using the art of illusion to impart powerful life lessons. The event was attended by students from various grades, along with teachers and coordinators, who eagerly participated in the interactive session.

### **Objective:**

The objective of the workshop was to help students realize the importance of time management in achieving personal and academic goals. Mr. Savkoor began the session with a mesmerizing magic performance that immediately captured the audience's attention. He then connected each trick to meaningful concepts such as focus, discipline, and consistency. His unique method of combining entertainment with education made the session both memorable and impactful.

Throughout the workshop, Mr. Savkoor emphasized that time is the most valuable resource and that setting clear, realistic goals is the first step toward success. He explained how breaking down larger tasks into smaller, manageable steps can reduce stress and improve productivity. Through practical exercises, students learned to prioritize tasks, avoid procrastination, and maintain a balance between academics, hobbies, and rest.

## **Key highlights:**

One of the key highlights of the session was an activity where students listed their personal goals and created a simple time-plan to achieve them. Mr. Savkoor guided them individually and shared inspiring stories of famous personalities who achieved success through effective time management. His closing message — "Magic happens when preparation meets opportunity" — left a deep impression on everyone present.

#### Response from the audience:

The audience responded with great enthusiasm throughout the workshop. Students were highly engaged, actively participating in discussions, and volunteering for on-stage demonstrations. They appreciated Mr. Savkoor's unique approach of blending magic with meaningful life lessons, which made complex concepts of time management easy to understand. Many students expressed that the session helped them reflect on their own habits and motivated them to plan their days more effectively. Teachers, too, praised the workshop for its interactive and inspiring nature, calling it both entertaining and educational. The auditorium echoed with applause as the event concluded, marking it as one of the most memorable and impactful sessions of the year.

#### **Conclusion:**

Overall, the workshop was an eye-opening experience that blended fun, learning, and motivation. It encouraged students to take charge of their time, set meaningful goals, and believe in their potential to turn dreams into reality.

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